

# SAYANG *Sembawang*

SEMBAWANG TOWN COUNCIL • SEPTEMBER 2022

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Dear Residents,

We are now into the third quarter of 2022. We hope you have been having a good year so far.

We celebrated Singapore's 57th year of independence last month. Observance ceremonies and celebrations were held in various divisions and together as a GRC. On a larger scale, we hosted a district-wide celebration graced by other MPs from North West CDC. If you missed out on these physical celebrations, do check out the photos to see what went on at the respective events. It was nice to have residents at in-person celebrations again after a long break.

The term for our town councillors has recently ended. In this issue, we share with you the new team of town councillors serving Sembawang Town Council. Many of our councillors are continuing though, as with every term, there will be some changes. I would like to take this opportunity to thank the outgoing team for their contribution to our town and together we will continue to make our town a better place for all our residents.

Another important change is that our long-serving general manager, Mr Soon Min Sin, has stepped down. Mr Soon had served for more than 20 years, taking good care of our town. Deputy General Manager Mr Tan Tian Chun, who has more than a decade of experience at Sembawang Town Council himself, is taking over as the new general manager while Mr Soon remains as a mentor to facilitate this transition.

The National Environment Agency (NEA) has started rolling out the Wolbachia project in Sembawang West to fight dengue. As this is something new to many of us, I hope the FAQs included in this issue will be helpful to you. Do remember to remove all stagnant water in your homes and always apply insect repellent before going out.

I am also happy to share with you that Sembawang Town Council has achieved all green bands in the last Town Council Management Report. It is heartening to know that our town is in good hands, providing the best service to everyone. We will continue to do our best for our residents here in Sembawang GRC.

Finally, we have taken sustainability into account in many of our practices and the latest area of change is our approach towards tree pruning. We have phased out the traditional method of tree pruning and taken a more sustainable approach. Read on to find out how it is done in our town now.

May the remaining months of 2022 be good to everyone. Take care and stay safe!

**Vikram Nair**  
**Chairman of Sembawang Town Council**

Para Penduduk yang Dihormati,

Kita sudah memasuki suku ketiga tahun 2022. Kami berharap tahun ini adalah tahun yang baik buat anda.

Kita telah menyambut tahun kemerdekaan Singapura yang ke-57 pada bulan lepas. Majlis sambutan dan perayaan telah diadakan di pelbagai divisyen dan secara kolektif sebagai satu GRC. Pada skala yang lebih besar, kami juga telah menganjurkan sambutan di seluruh daerah yang dihadiri oleh Anggota Parlimen yang lain dari Majlis Pembangunan Masyarakat (CDC) Barat Laut. Jika anda terlepas menghadiri acara tersebut, sila lihat foto-foto yang dilampirkan untuk mengetahui apa yang berlaku di acara tersebut. Saya gembira dapat bertemu dengan penduduk secara peribadi setelah sekian lama.

Tempoh perkhidmatan anggota majlis bandaran kita telah tamat baru-baru ini. Dalam terbitan ini, kami ingin berkongsi dengan anda pasukan baru anggota majlis bandaran yang akan berkhidmat dengan Majlis Bandaran Sembawang. Ramai yang akan sambung berkhidmat, tetapi seperti setiap penggal, tetap ada beberapa perubahan. Saya ingin mengambil kesempatan ini untuk mengucapkan terima kasih kepada pasukan yang akan pergi atas sumbangan mereka kepada bandar kita. Bersama-sama, kita akan terus menjadikan bandar ini tempat yang lebih baik untuk semua penduduk.

Satu lagi perubahan yang penting merupakan pengurus besar kami, Encik Soon Min Sin, telah meletak jawatan. Encik Soon telah berkhidmat selama lebih daripada 20 tahun dan telah menjaga bandar kita dengan baik. Timbalan Pengurus Besar Encik Tan Tian Chun, yang mempunyai pengalaman lebih sedekad di Majlis Bandaran Sembawang, akan mengambil alih jawatan pengurus besar baru sementara Encik Soon kekal sebagai mentor untuk memudahkan tempoh peralihan ini.

Agensi Sekitaran Kebangsaan (NEA) telah mula melancarkan projek Wolbachia di Sembawang West untuk memerangi denggi. Memandangkan ini adalah sesuatu yang baru bagi kebanyakan kita, saya berharap soalan-soalan (FAQ) yang disertakan dalam terbitan ini akan berguna kepada anda. Jangan lupa membuang semua air yang bertakung di rumah anda dan sentiasa menggunakan ubat penghalau serangga sebelum keluar rumah.

Saya juga berbesar hati untuk berkongsi dengan anda bahawa Majlis Bandaran Sembawang telah mendapat tanda 'hijau' dalam Laporan Pengurusan Majlis Bandaran yang lalu. Ia sesuatu perkara yang menggembirakan untuk mengetahui bahawa bandar kita mempunyai pengurusan yang cekap untuk memberikan perkhidmatan yang terbaik kepada semua penduduk. Kami akan terus melakukan yang terbaik untuk penduduk kami di GRC Sembawang.

Akhir sekali, kami telah mengambil kira kelestarian dalam kebanyakan amalan kami dan perubahan yang terkini adalah pendekatan kami terhadap pemangkasan pohon. Kami sudah mula menghentikan kaedah tradisional pemangkasan pohon secara berperingkat dan mengambil pendekatan yang lebih mampan. Teruskan membaca untuk mengetahui bagaimana ia dilakukan di bandar kita sekarang.

Semoga baki tahun 2022 ini memberi kebaikan kepada semua. Berhati-hatilah dan kekal selamat!

**Vikram Nair**  
**Pengerusi Majlis Bandaran Sembawang**

亲爱的居民,

我们现在已经进入2022年的第三季。希望大家今年以来, 日子应都还过得顺利。

上个月, 我们刚庆祝新加坡建国57周年。除了不同支部的纪念典礼和庆祝活动之外, 我们的集选区也举行了相关的庆祝活动。相较大型的活动还有西北社区其他议员莅临参与的社区发展理事会庆祝活动。如果您错过了以上的实体庆祝, 不妨看看我们在这季刊内刊登的活动照, 以体验各项活动的气氛。因阻断措施而隔了好一段时期, 终于能够和居民们见面一起庆祝, 这的确是令人欣慰的事。

我们市镇理事会的任期最近刚告一段落。在这期的季刊里, 我们要向大家介绍三巴旺市镇理事会新上任的理事。有些现任的理事们将会续任, 但也有一些人事变动。我想乘这个机会感谢上一届的团队, 为我们的市镇所作出的贡献; 随着大家的共同努力, 我们将会继续为居民们, 把我们的市镇打造成更美好的家园。

另一个重要的变动, 就是我们服务多年的总经理孙敏慎先生, 如今已经卸任。孙先生于市镇会服务了二十多年, 一直在帮忙我们照顾本市镇。而在三巴旺市镇理事会已有超过十年经验的副总经理陈添俊先生, 已接任总经理, 而孙先生则会以顾问的身份, 来确保工作顺利接手。

国家环境局在三巴旺西选区启动了沃尔巴克氏菌 (Wolbachia) 伊蚊绝育计划, 以抑制骨痛热症。对我们很多人来说, 这是一个新尝试, 在这一期的季刊, 我们要为大家提供“常见问题”栏目, 这能够帮助大家解答疑问。请大家谨记, 要清理掉家里所有的积水防止蚊虫滋生, 出门前也可预先涂上防蚊虫药膏。

我也很高兴向大家宣布, 三巴旺市镇理事会在最新的市镇理事会管理报告里, 所有相关管理项目皆获得“绿色”标签, 也就是达标了。这显示我们的市镇管理妥善有方, 能够为大家提供完善的服务。我们将为三巴旺集选区的居民继续努力, 做得尽善尽美。

最后, 我们也已经在许多方面加强工作, 以配合永续发展的考量, 其中最新一点就是关于修剪树木的方式。我们采取了比较环保的方式, 以取代传统旧式的修剪方式。请参考相关文章, 多了解目前在本市镇里所采用的新方法。

在此, 我祝愿大家在2022年接下来的几个月份, 生活过得更美好。请多保重, 并时时提高警惕, 确保健康安全!

**维凯**  
**三巴旺市镇理事会主席**

அன்பார்ந்த குடியிருப்பாளர்களே,

நாம் இப்போது 2022-இன் மூன்றாம் காலாண்டில் இருக்கிறோம். இதுவரை உங்களுக்கு இது ஒரு நல்ல ஆண்டாக அமைந்திருக்கும் என்று நம்புகிறோம்.

சிங்கப்பூரின் 57 ஆண்டு கால சுதந்திரத்தை கடந்த மாதம் கொண்டாடினோம். அனுசரிப்ப விழாக்களும் மற்றும் கொண்டாட்டங்களும் நம்முடைய பல்வேறு பிரிவுகளிலும் நம் குழுத்தொகுதியிலும் ஒன்றாக இணைந்து நடத்தப்பட்டன. வடமேற்கு சமூக மேம்பாட்டு மன்றத்தைச் சேர்ந்த மற்ற நாடாளுமன்ற உறுப்பினர்களையும் வரவழைத்து மாவட்ட அளவிலான கொண்டாட்டத்தை ஒரு பெரிய அளவில் நடத்தினோம். இந்த கொண்டாட்டங்களை நீங்கள் நேரடியில் பார்க்க தவறியிருந்தால், அந்தந்த நிகழ்ச்சிகளின் நிகழ்வுகளை நீங்கள் புகைப்படங்களை மூலம் பார்த்து அறிந்துகொள்ளலாம். நீண்ட இடைவெளிக்குப் பிறகு மக்கள் மீண்டும் நேரடி கொண்டாட்டங்களில் கலந்துக்கொள்வதை பார்த்து மகிழ்ச்சியாக இருந்தது.

நமது நகர மன்ற உறுப்பினர்களின் பதவிக்காலம் சமீபத்தில் முடிவடைந்தது. செம்பவாங் நகர மன்றத்தில் சேவையாற்றும் புதிய நகர மன்ற உறுப்பினர் குழுவை இந்த இதழில் உங்களுக்கு அறிமுகம் செய்து வைக்கிறோம். எங்கள் நகர மன்ற உறுப்பினர்களில் பலர் இன்னும் சேவையாற்றுவார்கள். ஆயினும் ஒவ்வொரு பதவிக்கால முடிவிலும் சில மாற்றங்கள் இருக்கத்தான் செய்யும். இந்த வாய்ப்பை பயன்படுத்தி வெளிச்செல்லும் குழுவினர்கள் அனைவருக்கும், நம்முடைய நகரத்திற்கு பங்களித்தமைக்கு நன்றியை தெரிவிக்க விரும்புகிறேன். மேலும் நாம் அனைவரும் ஒன்றாக சேர்ந்து நம் நகரத்தை நம்முடைய குடியிருப்பாளர்களுக்கு மேலும் ஒரு சிறந்த இடமாக மாற்ற செயல்படுவோம்.

மற்றொரு முக்கியமான மாற்றம் என்னவென்றால், எங்களின் நீண்டகால பொது மேலாளர் திரு துன் மின் சின் பதவி விலகியுள்ளார். திரு துன் 20 ஆண்டுகளுக்கும் மேலாக நம்முடைய நகரத்தை நன்றாகக் கவனித்துக் கொண்டார். செம்பவாங் நகர மன்றத்தில் பத்து வருடங்களுக்கு மேலான அனுபவத்தைக் கொண்ட துணைப் பொது மேலாளர் திரு டான் தியான் சுன், புதிய பொது மேலாளராகப் பொறுப்பேற்கிறார். திரு துன் இந்த மாற்றத்தை எளிதாக்குவதற்கு வழிகாட்டியாக திகழ்வார்.

தேசியச் சுற்றுப்புற அமைப்பு (NEA) டெங்கியை (Dengue) எதிர்த்துப் போராட மேற்கு செம்பவாங்கில் 'வொல்பாக்கியா' (Wolbachia) திட்டத்தைத் தொடங்கியுள்ளது. இந்த திட்டம் நம்மில் பலருக்குப் புதிது என்பதால், இந்த இதழில் சேர்க்கப்பட்டுள்ள கேள்விபதில் அங்கம் (FAQ) உங்களுக்கு உதவியாக இருக்கும் என்று நம்புகிறேன். உங்கள் வீடுகளில் தேங்கி நிற்கும் தண்ணீரை அகற்ற நினைவில் கொள்ளுங்கள். வெளியே செல்லும் முன் எப்போதும் பூச்சி விரட்டியைப் பயன்படுத்துங்கள்.

கடந்த நகர மன்ற நிர்வாக அறிக்கையில் செம்பவாங் நகர மன்றம் அனைத்து பச்சை குறியீடுகளையும் பெற்றுள்ளது என்ற செய்தியையும் உங்களுடன் பகிர்ந்து கொள்வதில் மகிழ்ச்சி அடைகிறேன். அனைவருக்கும் சிறந்த சேவையை வழங்கி வரும் நமது நகரம் மன்றம், சிறந்த நிர்வாகத்தில் உள்ளது என்பது மகிழ்ச்சி அளிக்கிறது. செம்பவாங் குழுத்தொகுதியில் உள்ள நம் குடியிருப்பாளர்களுக்காக நாங்கள் தொடர்ந்து எங்களால் முடிந்ததைச் செய்வோம்.

இறுதி செய்தியாக, நம்முடைய பல நடைமுறைகளில் நிலைத்தன்மையை அமைக்க நாங்கள் முடிவு எடுத்துள்ளோம். இந்த நடைமுறைகளில் சமீபத்திய மாற்றம், நம் மரங்கள் கத்தரிப்பு திட்டத்தின் அணுகுமுறையாகும். மரங்கள் கத்தரிக்கும் பாரம்பரிய முறையை நாங்கள் படிப்படியாகக் செயலிழக்கம் செய்து, நிலைத்தன்மையை மேம்படுத்தும் அணுகுமுறையை எடுத்துள்ளோம். இவை நம் நகரத்தில் எவ்வாறு செயல்படுகிறது என்பதை அறிந்துக்கொள்ள தொடர்ந்து படியுங்கள்.

2022-ஆம் ஆண்டில் மீதமுள்ள மாதங்கள் அனைவருக்கும் சிறப்பாக அமையட்டும். தயவுசெய்து உங்கள் நலம் பேணி பத்திரமாக இருங்கள்!

**விக்ரம் நாயர்**  
**செம்பவாங் நகர மன்றத் தலைவர்**





# OUR TOWN COUNCILLORS

(1 August 2022 - 31 July 2024)



**Mr Ong Ye Kung**  
Minister for Health  
MP for Sembawang GRC  
(Sembawang Central)



**Dr Lim Wee Kiak, PBM**  
MP for Sembawang GRC  
(Canberra)



**Mr Vikram Nair**  
MP for Sembawang GRC  
(Admiralty)  
Chairman of Sembawang Town Council



**Ms Poh Li San**  
MP for Sembawang GRC  
(Sembawang West)  
Vice-Chairman of  
Sembawang Town Council



**Ms Mariam Jaafar**  
MP for Sembawang GRC  
(Woodlands)  
Vice-Chairman of  
Sembawang Town Council

## AUDIT COMMITTEE



**Dr Ting Seng Kiong**  
Secretary  
Sembawang Town Council



**Mr Jordan Ang Jeok Khoo, PBM**  
Chairman



**Mr Ho Kok Yong**  
Co-Chairman



**Mr Abdul Ghani Bin Abdul Jabar, PBM**  
Member



**Mr Eugene Ng Chew Chin**  
Member



**Mr Greg Tay Choon Meng**  
Member



**Mr Jerome Gu Junqing**  
Member



**Mr Lee Weng Khor**  
Member



**Mr Lucas Loh Chin Seng**  
Member



**Mr Raymond Pan Guorong**  
Member

## FINANCE COMMITTEE



**Mr Alex Toh Wee Keong**  
Chairman



**Mr Chung See Fook, PBM**  
Member



**Mr Haluman Panday**  
Member



**Mr Ho Kok Khun, PBM**  
Member



**Mr Kelvin Tan Kao Yuan**  
Member



**Mr Markus Koo Pheng Kim, PBM**  
Member



**Mr Muhamed Rizal Bin Rasudin, PBM**  
Member



**Mdm Summer Yang Fan**  
Member

## COMMUNICATIONS AND COMMUNITY ENGAGEMENT COMMITTEE



**Mr Goh Peng Hong, BBM**  
Chairman



**Mr Milton Koh Kah Yoong**  
Co-Chairman



**Mr Daniel Tan Hong Lim, PBM**  
Member



**Mr Isson Jacob**  
Member



**Mr Kelvin Ong Yanto**  
Member



**Mr Lawrence Law Jin Chuan**  
Member



**Ms Patricia Loy Teck Boon**  
Member



**Mdm Pek Poh Hua**  
Member

## ESTATE MANAGEMENT COMMITTEE



**Mr Norman Aw Kai Aik, BBM(L)**  
Chairman



**Mr Wong Hao, BBM**  
Member



**Mr Edmund Tan Liang Ti**  
Member



**Mr Isman Bin Abdul Rahman**  
Member



**Ms Marilyn Tan Siew Tang**  
Member



**Mr Ng Moi Song, PBM**  
Member



**Mr Steve Poh Gim Hong, BBM**  
Member



**Mr Thor Wan Kwee, PBM**  
Member



**Ms Yip Kwai Heng**  
Member

## PROCUREMENT COMMITTEE



**Mr Sim Kin Chye, BBM**  
Chairman



**Er Lu Qi Min, BBM**  
Co-Chairman



**Mr Chen Yee Leng, PPA**  
Member



**Mr Allen Wong Kok Wye, BBM**  
Member



**Mr Alex Tan Yan Boon, PBM**  
Member



**Mr Eric Toh Siaw Hua, PBM**  
Member



**Ms Irene Tang Lea Keow, PBM**  
Member



**Mr Joseph Tan Yong Siang, PBM**  
Member



**Mr Muhammad Imran Bin Abdul Rahim**  
Member



# NATIONAL DAY CELEBRATIONS IN OUR TOWN

Our town was filled with National Day events as we celebrated Singapore's 57th year of independence. It has been a while since we had a large-scale gathering since the pandemic. Carnivals, a gathering for brisk walkers and cyclists, dance performances, games and sing-alongs were among the many highlights lined up for residents. We were honoured to have grassroots advisers from other constituencies and our MPs for Sembawang GRC, Minister Ong Ye Kung, Mr Vikram Nair, Dr Lim Wee Kiak, PBM, Ms Poh Li San, and Ms Mariam Jaafar, joining in the National Day celebrations together.

It was heartening to see everyone come together to celebrate our nation's birthday. We are truly one people, one nation, one Singapore!



## National Day Heartland Celebrations @ North West



## Sembawang GRC National Day Observance Ceremony





## Admiralty National Day Dinner



## Canberra National Day Dinner



## Sembawang West National Day Observance Ceremony & Carnival at Woodlands Galaxy CC



## Woodlands National Day Observance Ceremony at Kampung Admiralty





# NATIONAL DAY

## RALLY SPEECH

PM Lee Hsien Loong delivered his National Day Rally Speech earlier on 21 August 2022. We compiled a list of highlights in case you missed it.



### MASKS OFF

- Masks will no longer be required in most indoor settings, including schools.
- They will be required only on public transport and in healthcare settings.
- More details will come from the multi-ministry task force handling the pandemic.



### NEW COVID-19 AWARD

- A special state award, the Covid-19 Resilience Medal, will be introduced.
- Existing state awards will also be given out with a mark to show that it was for service amid Covid-19.
- The awards list will be announced at the end of the year.

The full speech can also be found here:



English Version



Chinese Version



Malay Version



### EXTERNAL DANGERS

- US-China relations, which set the tone for global affairs, are worsening as the two countries remain divided over many issues.
- The two countries need to work together on pressing global problems but the tense relationship makes it almost impossible.
- Russia's invasion of Ukraine has violated fundamental principles of sovereignty and territorial integrity, and created deep hostility between Russia and other states.



### ECONOMIC CHALLENGES

- The war in Ukraine has clouded Singapore's outlook, and inflation remains a global issue that it has little influence over.
- The Government is doing everything necessary to support Singaporeans, and stands ready to do more if necessary.
- Singapore must press on with economic upgrading and restructuring, redouble its transformation efforts and encourage workers to upskill.



### FOREIGN INTERFERENCE

- Singapore must stay alert against foreign actors looking to exploit vulnerabilities and influence Singaporeans for their own interests.
- Social media provides all sorts of information but not all are true and credible.
- Some may have an ulterior aim of persuading Singaporeans to take sides or eroding their trust in the Government.
- Singaporeans must be vigilant and check the facts, and not accept all information as true.



### PAYA LEBAR AIR BASE RELOCATION

- About 150,000 new homes will be built in Paya Lebar — roughly the number of homes in Punggol and Sengkang today.
- These are part of the redevelopment plans for the area currently occupied by Paya Lebar Air Base, which will be relocated in the 2030s.
- Once the air base moves out, some building height restrictions in nearby towns such as Hougang, Marine Parade and Punggol can also be lifted.



### CHANGI AIRPORT'S TERMINAL 5

- A mega terminal, it will serve about 50 million passengers yearly — more than T1 and T3 put together.
- The project was restarted after a two-year pause due to Covid-19, and redesigned to be more pandemic-resilient, green and energy-efficient.
- Next to T5 will be the Changi East Urban District, a new business and lifestyle destination.



### SECTION 377A REPEAL

- On the domestic front, how gay people in Singapore are treated under the law is a concern.
- Section 377A of the Penal Code, which criminalises sex between men, will be repealed.
- But the Government has no intention of changing the definition of marriage as between a man and a woman, and will amend the Constitution to protect this definition.
- This will help Singapore to repeal S377A in a controlled, carefully considered way.



### TUAS PORT

- Tuas Port, which started operations last December, reinforced Singapore's position as the "catch-up-port" where ships made up time for delays elsewhere.
- Phase one of the port has just been completed with three more phases to come before it is fully completed in about 20 years.
- Slated to be the world's largest fully automated port, it will be able to handle 65 million twenty-foot equivalent units — a cargo capacity measurement — almost double today's volume.



### SHARE OF GLOBAL TALENT, AND MORE

- Countries around the world are making a special effort to court global talent, such as the United Kingdom's visa for graduates from 50 top universities that include NUS and NTU.
- Singapore's decision 30 years ago to seek out top biomedical talent has paid off — the sector now accounts for nearly one-fifth of its manufacturing GDP.
- There is a window of opportunity to attract talented people and firms here in these uncertain times, given the Republic's brand of quality, reliability and efficiency.



### COST OF LIVING & GST HIKE SUPPORT

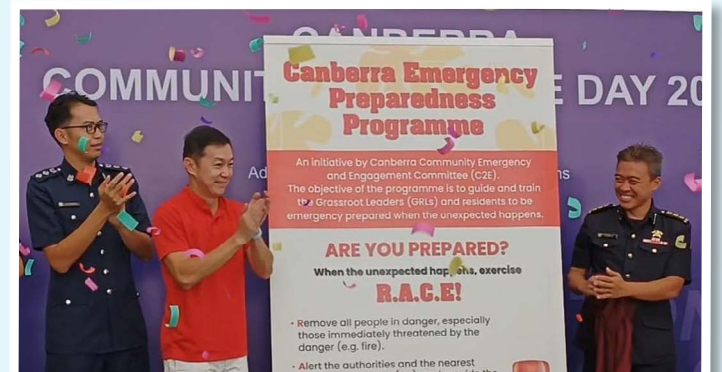
- The upcoming goods and services tax increase from 7 to 9 per cent is necessary as healthcare and social spending rises sharply with the ageing population.
- Besides the war in Ukraine, slowing growth in China, trade tariffs and supply chain issues are raising costs everywhere.
- All Singaporeans will get some support depending on income level and housing type, and more support will be given if the situation worsens. A lower-income family with two children and living in a three-room flat will get \$3,700 in support this financial year.



# CANBERRA'S RESILIENCE DAY



Canberra Community Emergency and Engagement Committee (C2E), Singapore Police Force and Singapore Civil Defence Force came together on this day to promote public awareness and education on life-saving skills, such as first aid, CPR/AED and firefighting, with the objective to guide and train residents to be prepared when the unexpected happens.



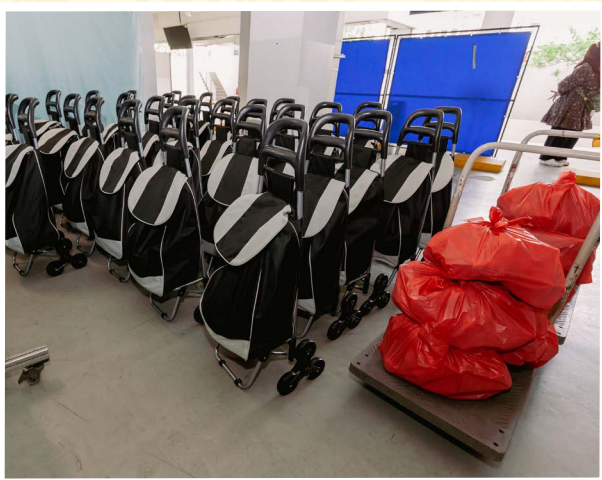
## BERKORBAN APA SAJA



Assyafaah Mosque organised its inaugural Berkorban Apa Saja programme on Sunday, 31 July 2022. At this event, invited beneficiaries received korban meat and dry groceries sponsored by OS Bagus Pte Ltd.

Adviser Ms Mariam Jaafar graced the event and gave out groceries and korban meat to the invited families. Ms Mariam was also joined by Chef Sery Rahim, who was previously a Zakat beneficiary at Assyafaah Mosque. Chef Sery cooked mutton stew and shared on how she motivated herself and now no longer needs financial assistance.

Through this event, Assyafaah Mosque and M3@Woodlands hope that the beneficiaries will be motivated to want to do better for their families by upskilling themselves.





# WOLBACHIA PROJECT

## IN SEMBAWANG WEST



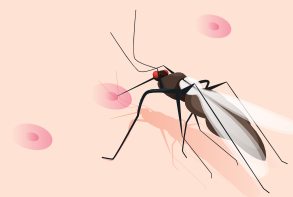
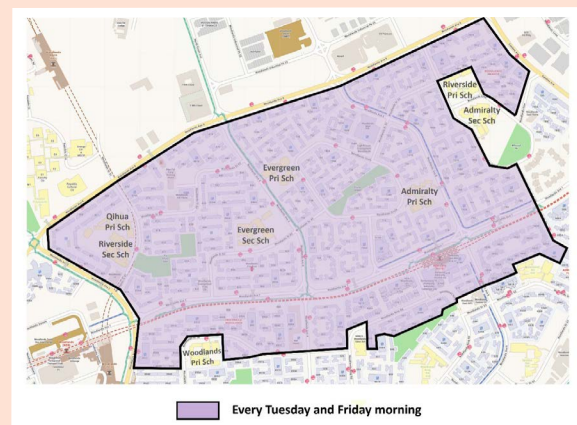
Sembawang West is one of the eight constituencies selected for the Wolbachia Project rollout this year, and Ms Poh Li San has been sharing this good news with our residents during her recent house visits!

It has been a challenging year fighting the dengue outbreak. Nationwide cases are expected to cross the 2,000-mark as we are now in the hot season.

Sembawang West residents have not been spared by Aedes mosquitoes and the dengue virus. We have ramped up efforts by all manner of means over the last two months to stabilise our dengue clusters. Thankfully, the situation is now well under control.

From end-August onwards, NEA officers will be releasing good male Wolbachia-Aedes mosquitoes into our estates twice weekly. While we will be expecting to see more mosquitoes during this period, as part of the Wolbachia Project, residents can rest assured that these male mosquitoes do not bite, as they only feed on plant juices.

In the meantime, we must continue our good hygiene practices to keep our estate clean and mosquito-free, and remember to apply mosquito repellent when we are out and about!



### Has Project Wolbachia — Singapore made an impact on dengue cases at study sites?

Aedes aegypti is the primary vector that drives dengue transmission in Singapore. We have observed up to 98% suppression of the Aedes aegypti mosquito population and up to 88% reduction in dengue incidence at Tampines and Yishun study sites with at least one year of releases in 2019.



### How does Project Wolbachia — Singapore work?

Male Wolbachia-Aedes mosquitoes are released regularly at NEA's study sites to mate with urban female mosquitoes. Male Wolbachia-Aedes mosquitoes do not bite or transmit diseases. Their resultant eggs do not hatch and no offspring is produced. Continued releases will lead to a decline in the urban Aedes aegypti population, and therefore less dengue. The males will die soon after release, most within a week.



### Why is NEA not releasing male Wolbachia-Aedes mosquitoes at existing large dengue clusters to reduce dengue transmission?

Project Wolbachia — Singapore is still in its study stage, and we need more information on its impact before we can trial the technology in areas with ongoing high dengue transmission.



### If male mosquitoes do not bite, why am I still getting bitten?

Project Wolbachia — Singapore only targets Aedes aegypti mosquitoes. Hence, you may still be bitten by these mosquitoes or other biting insects. Do the Mozzie Wipeout regularly to keep mosquitoes at bay.



### If Project Wolbachia — Singapore has been successful, why were dengue cases on the rise in 2020?

NEA's pilot releases of male Wolbachia-Aedes mosquitoes have successfully suppressed the Aedes aegypti mosquito population and dengue cases in parts of Tampines, Yishun, Choa Chu Kang and Bukit Batok towns. However, these study sites were still relatively small, covering only about 8% of all HDB blocks in Singapore in 2020. Though the number of dengue cases were significantly reduced within the release sites, they were not expected to significantly impact the dengue outbreak in 2020.



### If male mosquitoes do not bite, why are they still landing on me?

Male mosquitoes seek out female mates, which are likely to be found near humans. Thus, although they do not bite, male mosquitoes may still be attracted to and land on you.



# GOING BEYOND THE CALL OF DUTY



## Mr Malek

Mr Malek noticed a young boy alone near the road. Without hesitation, he brought the child to safety. This was with the help of passers-by and our caring community. The resident wrote in to express her heartfelt thanks for Mr Shikder Malek:

“Last Saturday evening, my 3-year-old son went missing for a while. My family and I immediately split up to search for him. I also called the police when I realised my son was nowhere at my block. However, I couldn't run fast to find him as I was carrying my sick toddler.

Mr Malek found him across my block. Upon realising that my son was not wearing footwear and standing dangerously near the road, Mr Malek tried to get him to safety near my block. When he realised my son was unable to converse, he immediately sought assistance from a passer-by. Meanwhile, another passer-by saw my husband and daughter frantically searching for my son. He informed them that he was safely with Mr Malek and brought them over. Mr Malek was holding on to my son all the while! My family and I are truly grateful to Mr Malek for his timely assistance. Thank you for having such a kind soul onboard!”



## Mr Kamis

Mr Kamis was just going about his daily cleaning duties when he witnessed a resident fall to the ground. Seeing that the resident's daughter was unable to lift him, he kind-heartedly provided assistance to carry the resident back home.

Here's a recount from his daughter: “My dad fell on his back this morning, and we would like to send our appreciation to the pakcik who cleans our block daily. He immediately helped us carry my dad back to our home. We really appreciate his kind gesture.”



We are proud of Mr Malek and Mr Kamis for going beyond their call of duty. Tokens of appreciation were also presented to them for going the extra mile for our residents.

## FY2021 TCMR OPERATIONAL REPORT

Results for Apr 2021 - Mar 2022 | Observations for Individual Town Council

### Sembawang Town Council

The Town Council has achieved "Green" for all operational indicators under the TCMR.

The Town Council's top 5 observations for cleanliness and maintenance are:

Estate Cleanliness	Green
Estate Maintenance	Green
Lift Performance	Green
S&CC Arrears Management	Green

	Type of Cleanliness Observations	% of Total Observations
1	Stain and litter	69%
2	Dumped bulky item/refuse	15%
3	Cobwebs	8%
4	Moss	4%
5	Graffiti	3%

	Type of Maintenance Observations	% of Total Observations
1	Obstruction of common areas	61%
2	Storage of combustible items	12%
3	Unauthorised fixtures e.g. blinds mounted as sun shade	11%
4	Damaged plaster/large cracks/spalling concrete	4%
5	Wild plants/weeds	2%



Exclusively on



Check out our popular Facebook posts for the last quarter!  Like and follow us to stay updated on the latest community news and happenings in Sembawang GRC. Scan the QR codes to go straight to the posts!

## THE FIRST URBAN ROOFTOP FARM IN SEMBAWANG

Sayang Sembawang  
6 August at 17:00 · 🌐

The first urban rooftop farm in Sembawang! Located at Blk 354 Admiralty Drive MSCP, you can purchase locally grown and pesticide-free vegetables from SG Veg Farms.

Min Ong Ye Kung dropped by recently when they were harvesting some Xiao Bai Cai!

#MakeSembawangSpecial



## NATIONAL DAY OBSERVANCE CEREMONY IN SEMBAWANG WEST

Sayang Sembawang  
9 August at 11:43 · 🌐

Kicking off today's National Day Observance Ceremony in Sembawang West is a brisk walking session with our residents, and grassroots adviser Poh Li San!

Back at Woodlands Galaxy CC, the parade was formed by the NPCC & NCC from Admiralty Secondary School, and representatives from various organizations.

We were also well entertained by performances put up by children from My First Skool, PCF Sparkletots and Riverside Primary School.



## NATIONAL DAY HEARTLAND CELEBRATIONS @ NORTH WEST

Sayang Sembawang  
7 August at 10:33 · 🌐

WHAT'S UP SEMBAWANG!

If you were here with us last night at the National Day Heartland celebrations @ North West, you would have been part of the A-CRAYYYY-ZING crowd!

We were honoured to have the grassroots advisers from other constituencies (and of course our own grassroots advisers Minister Ong Ye Kung, Ms Poh Li San, Mr Vikram Nair and Dr Lim Wee Kiak) to visit our town and join in the celebrations together.



## SEMPAWANG GRC NATIONAL DAY OBSERVANCE CEREMONY

Sayang Sembawang is with Goh Peng Hong and Ngan Hong Koh.  
7 August at 15:35 · 🌐

The National Day celebrations in Sembawang GRC continues! 🇸🇬

Even though it showered this morning, the rain did not dampen the high spirits of residents in attendance.

Residents were entertained with many performances, games, workout segments and more. We even got to see a march-in by uniform groups from our secondary schools and sing along to National Day songs with our MPs for Sembawang GRC!



## GOING THE EXTRA MILE FOR RESIDENTS

Sayang Sembawang  
28 July at 12:30 · 🌐

GOING THE EXTRA MILE FOR OUR RESIDENTS 🙏

Mr Kamis (photographed below) was just going about his daily cleaning duties when he witnessed a resident fall to the ground. Seeing that the resident's daughter was unable to lift him, he kind-heartedly provided assistance to carry the resident back home.

Here's a recount from his daughter, "My dad fell on his back this morning, and we would like to send our appreciation to the pakcik who cleans our block daily. He immediately helped us carry my dad back to our home. We really appreciate his kind gesture."

A token of appreciation was presented to Mr Kamis for his devotion to the call of duty. 🙏 We are proud of his commendable efforts in going the extra mile for our residents, making Sembawang a better place for all. We wish the resident a speedy recovery!

#MakeSembawangSpecial #PeopleofSembawang



Connect  
with us today!



facebook.com/sayangsembawang



sayangsembawang



Sayang Sembawang



sayangsembawang.home.blog

Look out for upcoming giveaways, contests, resident features, lifestyle content and more every week on our Facebook page!





# MEET SU KIE AND TOFFEE!



"My princess pup is named Toffee, as we got her in December, which reminds us of Starbucks' Christmas special toffee nut latte, and she is also toffee-coloured."

Our most fun story happened early this year late at night around 2am. I woke up after hearing Toffee making some noise (she sleeps with me in the same room) and wanted to check what she was doing. To my horror, when I asked her to come to me, she was limping with only three legs, with her front left leg in a hanging position near her super fluffy neck.

The whole family woke up worrying that she might have either broken her leg or was suffering from stroke. While in panic mode, we called a 24-hour vet for help and received guidance after describing her symptoms that it might not be as serious and to monitor and visit the vet the next morning instead.

We decided to heed their advice but, being the princess of the family, none of us could sleep with her looking sadly at us. As we were about to carry her back to her bed in fear of further injuring her leg if she walked, we saw something weird...

Her little left front leg was actually hanging from her collar! Turned out she was not injured or having a stroke but just had her paw stuck in her collar and her fluffiness had hidden that view from us! We quickly freed her paw and she was all happy and running around again.

This small little pup angel is always full of surprises and always keeps everyone in the family on their toes! It's amazing how a little pup like her who technically doesn't talk can pull the heartstrings of everyone in the family.

P.S. Imagine if we did not spot her stuck paw and brought her to her usual vet at Woodlands Mart for consultation..."

IT'S A  
**FATHER'S**  
**DAY**  
GIVEAWAY

Craft a letter to your dad/ a father figure in your life  
and we'll have a hamper delivered to him!



"I would like to dedicate this to my one and only father, who was our sole breadwinner working day and night when we were younger. Seeing how he changed from a fluffy and buff man to a skinny man broke my heart. He is unable to do a lot of things now, such as going to work, riding his motorbike, meeting his friends and going to the market, due to his health condition. He is still my hero, my bubble papa no matter what! I don't say this all the time, but deep in my heart, I love you so much! We know you're fighting this battle, but you are definitely not alone. We are here for you; your grandkids are here for you. We are in this together."







# OUR FAVOURITE #EatWhatFriday



## Overscoop

18 Yishun Avenue 9, Junction Nine #01-83, Singapore 768897

### "What flavour would you like for your overscoop?"

For this week's #EatWhatFriday, we went a little further to explore the north and tried an ice cream place at Yishun Junction Nine. Open till 10.30pm on weekdays and 11.30pm on weekends, Overscoop took us by surprise, as they offer a wide variety of flavours that left us spoilt for choice.

Good news though, Overscoop, which also means an extra mini scoop for each order, scores an extra point for us as we get to taste another ice cream flavour that we probably just want a small bite of. We tried the Speculoos Biscoff and Rum and Raisin flavours, and had a sample of Pistachio and Strawberry Shortcake on both their waffle and croffle! All the flavours met (and even exceeded) our expectations, but the highlight was definitely Rum and Raisin for those who like some alcohol in your ice cream!

Do check them out and let us know which is your favourite flavour! The overscoop is definitely a bonus!

## O.BBa Jjajang

Koufu HQ Foodcourt Stall #02,  
1 Woodlands Height #01-01,  
Singapore 737859



Here in a corner of Woodlands, we discovered some hearty Jjamppong and Jajangmyeon from O.BBa Jjajang! Can we just say that they serve such generous portions? Priced reasonably at \$9.90, the Jjamppong was served with loads of seafood, including prawns, clams and mussels! The texture of the noodles was perfect, and the broth made a perfect completion to our meal! The Jajangmyeon was flavourful as well, with the bean sauce neither too heavy nor sweet, which we liked. If you are feeling a little hungrier during your visit, add on some kimchi pork dumplings at \$2.50 for 2 pieces!

## Combo105

105 Canberra Street,  
Eastbrook @ Canberra #01-03,  
Singapore 750105



We stumbled across Combo105, a halal cafe tucked away in a quaint neighbourhood in Canberra.

Their extensive menu, affordable prices and comfortable setting made it a great place for lunch! We wanted to highlight the Chicken Katsu Curry, which had such a generous portion for its price. The chicken was crisp and delectable, whilst the Japanese curry complemented it perfectly.

We also had homemade Hawthorn (aka San-zha) Tea, which contains orange peels, making the tea extra refreshing!

## 八度空間 8 degrees

8 Jalan Legundi,  
#01-03, Singapore 759274



Craving for Taiwanese food?

八度空間 8 degrees recently opened near Sembawang Shopping Centre, serving up your favourites from Lu Rou Fan to Mee Sua, and even their famous side dishes!

With its affordable and extensive menu, soak in the chill Taiwanese vibes whilst enjoying authentic Taiwanese food. We personally enjoyed their Lu Rou Fan, topped with tender pieces of meat which were so flavourful. Their side dishes are also refreshing, perfect for sharing.

## Gyoza-San SG

30 Sembawang Drive,  
Sun Plaza, B1-10,  
Singapore 757713



It's a dumpling party!

We discovered Gyoza-San SG at Sun Plaza, a little corner shop selling a variety of gyozas — from kimchi gyozas to even tom yum flavoured ones!

Much to our surprise, the gyozas were packed full of flavour whilst not being too oily. We enjoyed the spiciness and tanginess of the tom yum dumplings, paired together with their chili lime vinaigrette. Definitely a must-try for spice lovers!

For less adventurous friends, there's also an original flavour that is equally scrumptious!



# TREE PRUNING

**D**id you know that tree pruning is necessary, as it can influence the way trees grow? Maintaining a tree's structure helps to mitigate the risk of broken limbs and falling branches.

## Reduce

Arboriculture wastes such as tree trunks, branches, stem, and leaves generated from tree pruning used to be sent to waste disposal or recycling companies. Having a woodchipper machine onsite during tree pruning allows us to deal with these wastes immediately.

## Reuse

Woodchippers enable reuse of these arboriculture wastes as mulch. After being ground into woodchips, they are piled together around the trees or shrubs to help retain moisture. Mulching also helps to reduce weed growth.

## Recycle

Being organic, mulch will be further broken down into compost by microorganisms over time, providing nutrients for trees and shrubs. Hence, woodchips are reused as mulch, recycled and converted into fertilisers for trees and shrubs.



**REDUCE**  
Reducing labour and transportation by having a woodchipper machine onsite

**REUSE**  
Woodchippers enable the reusing of these arboriculture wastes as mulch

**RECYCLE**  
The mulch is recycled and converted into fertilisers for trees and shrubs

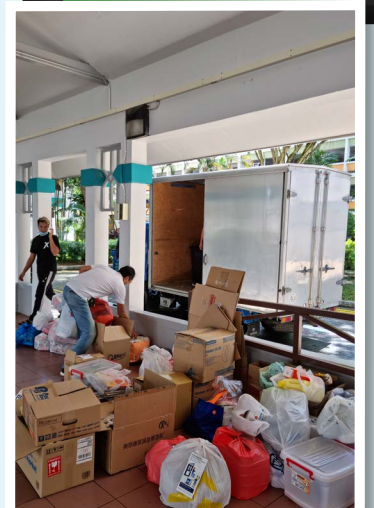


# SEMBAWANG WEST'S SUSTAINABILITY EFFORTS

**A**fter a hiatus, the Sembawang West Branch Recycling Drive returned. On 4 June 2022, grassroots adviser for Sembawang GRC (Sembawang West) Ms Poh Li San, Sembawang West branch activists and partners from Sembawang Town Council, 800Super and ALBA, collected more than 600 kg of recyclables from residents.

Books, newspapers, clothing and drink cans were among the many recyclable items they collected door to door from 17 blocks in Zone B (Blocks 701-713, 744-747).

We thank our volunteers, residents, and partners for their generous support in this initiative.







Joyce Ng Jia Pei, Care Executive with NTUC Health Cluster Support (Bukit Merah)

# MANAGING CAREGIVER STRESS

Having been a caregiver to her grandparents, Joyce Ng has first-hand knowledge of the challenges that come with caregiving when she started her polytechnic internship with NTUC Health in 2019. That stint with the NTUC Health Cluster Support team gave her the opportunity to support vulnerable seniors with their daily living, and also taught her the importance of identifying early signs of caregiver stress. Her internship experience eventually spurred her decision to pursue a career in the eldercare sector. Today, the Care Executive with NTUC Health conducts home visits to check on the well-being of seniors and assess their potential to live more independently in the community.

Joyce said: "Caregiver stress can be caused by psychological and physical strain that comes with the responsibility of caring for another individual. If unaddressed, this can lead to depression and anxiety." She also shared three tips on relieving stress and improving caregivers' mental wellness:



Joyce interacting with a senior resident in the neighbourhood



Joyce checking in with a senior resident in the neighbourhood



## 1. Take care of yourself while taking care of others

When you're physically, emotionally and mentally drained from caring for your loved one, you may be experiencing caregiver burnout. Caregiving is a long journey and it is important to recuperate your energy and manage your stress. Caregivers may consider respite care when you need to take time out to rest, attend to other commitments or when your domestic helper goes on leave.

## 2. Focus on the caregiving needs you are able to provide

There is no "perfect" caregiver. Reach out for professional help with eldercare services, such as NTUC Health's Senior Day Care or Home Care, in areas you are unable to support.

## 3. Seek social support

Stay connected with family and friends who can offer emotional and physical support. You may also join caregiver support groups that are available in the community. For more caregiving resources, visit [aic.sg/caregiving](http://aic.sg/caregiving).



Community Care

To find out how you can make a difference in the community, visit [caretogobeyond.sg/communitycare](http://caretogobeyond.sg/communitycare)



# THIS CAN HAPPEN TO OUR HOMES

## DO NOT CLUTTER COMMON AREAS!



**Please keep the corridors, lift landings, staircase landings and service compartments obstruction-free for a safer home.**

为了确保安全的居住环境，请勿在走廊、电梯口、楼梯间和维修设施隔间放置任何物品，以免阻碍通道。

**Sila pastikan kawasan koridor, lif, tangga dan ruang servis bebas daripada halangan agar rumah lebih selamat.**

ஒரு பாதுகாப்பான இல்லத்திற்கு தாழ்வாரங்கள், மின்தூக்கி இறங்குமிடம், மாடிப்படி இறங்குமிடம் மற்றும் சேவைப் பகுதிகள் ஆகியவற்றைத் தடையின்றி வைத்துக்கொள்ளுங்கள்.



**Our Town Council provides FREE bulky items removal service. Residents may call us at 6368 3100 from Mondays to Saturdays to fix an appointment.**

**Terms & Conditions apply:**

- Appointments must be made a minimum of 2 days in advance.
- Limited to 3 movable items (e.g. sofa, chairs, television, refrigerator, etc.) per month.





# UPCOMING EVENTS

DATE	NAME OF EVENT	TIME	VENUE
<b>ADMIRALTY</b> 📞 ACE The Place CC - 6891 3430    📍 Our Admiralty			
17 Sept 2022	Admiralty Mid-Autumn PAssionArts Festival 2022	6pm - 9pm	Vista Park
6 Nov 2022	Admiralty Deepavali Celebration	6pm - 10pm	ACE The Place CC MPH
<b>CANBERRA</b> 📞 Canberra CC - 6755 6369    📍 Kampung Jelutung @ Canberra			
9 Oct 2022	One Community Fiesta @ Canberra	9am - 2pm	Singapore Zoo
5 Nov 2022	Canberra Spooky Fiesta 2022	6:30pm - 9:30pm	Canberra CC
<b>SEBRAWANG CENTRAL</b> 📞 Sembawang CC - 6752 7212    📍 Sembawang Central Community			
PLEASE VISIT THE 'SEBRAWANG CENTRAL COMMUNITY' PAGE FOR EVENT UPDATES			
<b>SEBRAWANG WEST</b> 📞 Woodlands Galaxy CC - 6366 2218    📍 Sembawang Our Home			
13 Nov 2022	Senior Citizens Week	12pm - 3pm	Woodlands Galaxy CC — MPH
20 Nov 2022	Year End Walkathon	7:30am - 11am	TBC
<b>WOODLANDS</b> 📞 Woodlands CC - 6368 9938    📍 Woodlands Community			
10 Sept 2022	Mid-Autumn Celebration	7pm	Woodlands North Plaza



Want to get important local news? Sign up for the Sayang Sembawang e-newsletter by scanning the QR code!

Do you have a business located in Sembawang GRC and wish to advertise your services?

Write to us at [feedback@sbtc.org.sg](mailto:feedback@sbtc.org.sg) for more details!

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SAYANG  
*Sembawang*

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## FILL-IN-THE-BLANKS CONTEST

FIND THE MISSING WORD IN THE SENTENCES BELOW:

- Page 8:** From end-August onwards, NEA officers will be releasing good \_\_\_\_\_ Wolbachia-Aedes mosquitoes into our estates twice weekly.
- Page 9:** Seeing that the resident's daughter was unable to lift him, he kindly provided \_\_\_\_\_ to carry the resident back home.
- Page 13:** Being organic, mulch will be further broken down into compost by \_\_\_\_\_ over time, providing nutrients for trees and shrubs.

Great prizes to be won:  
**6 LUCKY WINNERS WILL GET \$45 EACH!**

*\*Winners will be issued cheques only*

Please mail to:  
The PR Manager  
Blk 504C Canberra Link  
#01-63, Singapore 753504

My Name: (as per IC/birth cert)

.....

My Age: (as of Jan 2022) .....

My Address: .....

.....

Postal Code: .....

My Email Address: .....

Phone No: .....

☐ I do not wish to subscribe to the Sayang Sembawang e-newsletter.



Our contest is now online!  
This contest closes on 31 October 2022.

*Scan the QR to submit your entry.*

**CONGRATULATIONS TO THE WINNERS IN THE LAST CONTEST:**

- Ng Oi Leng
- Najlaa D/O Mohamed Iqbal
- Halimah Binte Ali
- Sheila Sahai
- Hana Aleena D/O Ansari
- Kwan Swee Poh