



Dear \${FNAME}\$,

The past few weeks were filled with events!

Canberra and Woodlands just held their Tree Planting Day respectively. We thank our residents and community for their support to #MakeSembawangGreen

Also, at the Sembawang GRC MAEC Health Fiesta, the Sembawang GRC 100 was launched. Scroll down to find out more about the free physical activities you can find in your division.

Speaking of keeping active, check out the recent Colourpop Run held in Woodlands after a 2-year hiatus and the memorable Moving Forward @ Sembawang GRC run.

In this issue, we will also be sharing with you where you can catch the livestream of the upcoming FIFA World Cup 2022 matches.

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook to stay in the know.



Facebook



Instagram



Telegram

Tree Planting Days in our Town

Canberra



Photo Source: Sayang Sembawang

The drizzle that morning on 27 November 2022 did not deter Canberra residents from their mission to upkeep their estates' cleanliness and greenery. After a litter-picking exercise, MP Dr Lim Wee Kiak, PBM, and residents planted five Happiness Trees, further greening our estates. We also thanked our conservancy workers for their hard work and dedication in keeping our estates clean for all.

[f Find out more](#)

Woodlands



Photo Source: Sayang Sembawang

On 3 December 2022, Woodlands residents were all smiles when planting Kurau trees with MP Ms Mariam Jaafar at Woodlands Admiral Garden. We also took the opportunity to express our appreciation for our cleaners' hard work and dedication in keeping our estates clean.

[f Find out more](#)

We hope this will encourage our residents to continually exhibit care and ownership to our environment, and #MakeSembawangGreen!

MAEC Health Fiesta 2022



Photo Source: Mr Ong Ye Kung's Facebook page

During the Sembawang GRC MAEC Health Fiesta on 3 December 2022, our residents and advisers got active with warm up exercises and a 3km brisk walk together! There was even a futsal challenge for kids and adults. The Sembawang GRC 100 was also unveiled at the event, showing the 100 physical activities that will be held in our town every week, at NO cost to you.

Check out the list of activities and schedule in our divisions [here](#).

[f Find out more](#)

Running our Town

Colourpop Run 2022



Photo Source: Ms Mariam Jaafar's Facebook page

Colourpop Run was back on 26 November 2022 after a 2-year hiatus! Participants definitely had fun during the 5km fun run/walk. They were also treated to many sports and food booths, as well as performances by different groups of students from Woodlands.

[f Find out more](#)

Moving Forward @ Sembawang GRC



Photo Source: Dr Lim Wee Kiak's Facebook page

More than 200 residents, together with MPs Mr Ong Ye Kung, Mr Vikram Nair, Dr Lim Wee Kiak, PBM, and Ms Poh Li San ran together at the Moving Forward @ Sembawang GRC running event yesterday. The rain may have drenched everyone, but it definitely did not put out the fire in them to complete the run!

[f Find out more](#)

Admiralty's Are you Ready event



Photo Source: Mr Vikram Nair's Facebook page

Admiralty's C2E team in collaboration with the SCDF and the Zone 4 RN organised its Community Engagement Day where they conducted a series of activities to prepare residents for emergencies. MP Mr Vikram Nair with residents went through a fire drill evacuation, and had a live demonstration on how to extinguish a fire with a fire extinguisher and other life-saving skills with SCDF.

It was definitely an educational experience for everyone present, for every bit of knowledge you take home from here could possibly help you save a life.

[f Find out more](#)

#EatWhatFriday

Ajmir Briyani



Photo Source: Sayang Sembawang

We came across Ajmir Briyani on TikTok and wanted to give it a try! We tried their Lamb shank XXL and Chicken Briyanis. Hidden beneath the generous serving of basmati rice lies huge chunks of meats. The chicken and lamb were so tender and flavourful. It's no wonder why it's so popular.

Their Briyani menu is only available Fridays to Sundays for takeaway and delivery. You can order their dishes from their website and collect it from their shop located at the overhead bridge **next to Admiralty MRT station.**

13 Miles SG

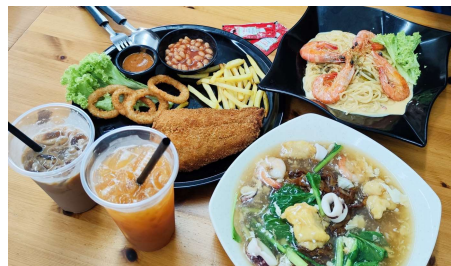


Photo Source: Sayang Sembawang

We can say we got the of both Asian and Westerns cuisines at 13 Miles SG because we tried the Seafood Hor Fun and Salted Egg Prawn Pasta, and they hit the spot! The Seafood Hor Fun noodles had that good wok hei taste and a good portion of ingredients. The Salted Egg Prawn Pasta sauce was rich with good balance of the salted egg flavour (not too overpowering).

Address: 596B Sembawang Road, Singapore 758455
Mondays - Saturdays: 11:30am - 11:30pm
Sundays: 11:30am - 10pm

Recycling Box for Households



Photo Source: The Straits Times

Households in five constituencies including Sembawang West will be receiving a flyer in your mailbox to collect your recycling box. This is part of a pilot distribution under the National Environment Agency's Recycle Right campaign to encourage Singaporeans to recycle more and correctly.

Households not in the five constituencies can collect their recycling boxes from March 2023. Let's #MakeSembawangGreen!

[f Find out more](#)

Where to catch FIFA World Cup 2022 in our Town?

Here are the Community Centres (CCs) in our town where you can catch the livestream of the upcoming FIFA World Cup 2022 matches:

ACE The Place CC:



[f Find out more](#)

Like us on Facebook

Woodlands Galaxy CC:



[f Find out more](#)

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