



Dear \${FNAME}\$,

TraceTogether token collection in Sembawang GRC will tentatively start 26 Nov.

Canberra residents! Check out the new improvement works in the neighbourhood, from better pedestrian safety to a new playground.

Get to know MP of Sembawang GRC (Sembawang West), Ms Poh Li San!

Stay Safe, Stay Healthy, Stay Strong!

Stay tuned to our weekly highlights for more news closer to home. Join our [Telegram channel](#), follow us on [Facebook](#) and visit our [blog](#).

[Like us on Sayang Sembawang](#)

[Join our Telegram Channel](#)

TraceTogether token collection in Sembawang GRC, tentatively starts 26 Nov



Photo Source: Channel News Asia

Residents will only be allowed to collect their TraceTogether tokens from their own constituency community centres (CCs).

Kindly note that there is no need to collect the token if you are already using the TraceTogether app, or if you have downloaded it.

Read more [here](#).

Here are the tentative dates (from the [TokenGoWhere](#) website) for residents to collect your tokens:-

- 26 Nov 2020 [Sembawang Central](#) 
Sembawang CC
- 26 Nov 2020 [Woodlands](#) 
Woodlands CC
- 27 Nov 2020 [Admiralty](#) 
ACE The Place CC
- 27 Nov 2020 [Canberra](#) 
Canberra CC
- 27 Nov 2020 [Sembawang West](#) 
Woodlands Galaxy CC

Photo Source: [TokenGoWhere](#)

The latest information and updates can be found on Sayang Sembawang Facebook Page.

New and Ongoing Upgrades in Canberra

Local Municipal Transport Issues
LTA Schemes
Completed / Work in Progress



Photo Source: [Kampung Jelutung @ Canberra's Facebook page](#)

Photo Source: [Dr Lim Wee Kiak's Facebook page](#)

Canberra Residents! Check out the completed and ongoing improvement works to better pedestrian safety and convenience in your neighbourhood [here](#).

The playground at Blk 484 Admiralty has been revamped! A simple ceremony was held and shared through zoom virtual floor party with residents of Blk 488.

Check out the how the event went [here](#).

Getting to know your MP: Poh Li San



Find out how MP for Sembawang GRC (Sembawang West) Poh Li San starts her day, her hopes for Sembawang GRC, her top three places to eat in the GRC and more.

Read more [here](#).

Talks and Workshops for Sembawang GRC residents

PMET Career & Resource Info-Talk series

Where Are The JOBS?
PMET Career & Resource Info-Talk
with NTUC LearningHub, Global Foundries, Lumileds, EM Services and QQ Rice
8 NOV
Sunday 3 pm
(via ZOOM)
REGISTER NOW!
CLOSING DATE: 7 NOV

Tips by NTUC LearningHub on how Self-Employed Persons (SEPs) can prepare for future opportunities.
Find out how to have your own startup with QQ Rice.
Chat with progressive employers from Global Foundries, Lumileds and EM Services.

Host
Ms Poh Li San
Grassroots Adviser to Sembawang West

SCAN QR CODE

Follow us on Facebook & Telegram to get updates on latest job listing and upcoming career fairs:
Telegram: Job Listing Sembawang GRC Facebook: Sembawang Our Home



Employers from Global Foundries, Lumileds, EM Services will share more on the jobs available, salary packages and job scope.

Date: 8 Nov, Sunday
Time: 3pm
(Via Zoom)

To register, click [here](#).
Registration closes on 7 Nov.

The Power of Conscious Parenting

Organised by: People's Association, M3@Woodlands, CUEMAMA

Noretta Jacob
Founder of Safar Training

D'Hann Ch'ng
Family Coach

Adee Salleh
Empowerment Coach

Our Parenting Journey
The POWER of Conscious Parenting
Break Free From Being Overwhelmed,
Be Empowered to Raise Connected & Confident Kids

15 Nov 2020 | Sunday | SPM | Free Admission (Online)
Register at bit.ly/OurParentingJourney

Learn the strategies to raise connected and confident kids of all ages.

Date: 15 Nov, Sunday
Time: 8pm
(Via FB Live)

Register for the talk [here](#).

Fight Cancer

FIGHT CANCER!
Knowing Cancer exist is not enough. We can prevent, detect earlier and treat cancer successfully.
Sun, 8 November | 10am
f LIVE

Ms Syafia Sharun
Head of Serenity Cancer Care
Ain Society

Dr Choo Bok Ai
Radiation Oncologist
ICON Cancer Centre

Ms Whitney Mah
Counsellor
Ain Society

Come and join us to learn more about:
 Common Cancers in Singapore
 Psychosocial Support for cancer patients
 The Importance of managing Caregiver stress in caring for cancer patients

Raja Hamzah, PBM
Host/Moderator

Sign up now!
go.gov.sg/scs

Organised by: People's Association, M3@Woodlands
Supported by: ICON CANCER CENTRE, SINGAPORE CANCER SOCIETY, AIN SOCIETY

Knowing Cancer exist is not enough. Learn how to detect and properly treat cancer.

Date: 8 Nov, Sunday
Time: 10am
(Via FB Live)

Sign up for the talk [here](#).

Zumba Nite

M3 Zumba Nite
Join us for free online Zumba with Coach Zhywee

Friday,
20 & 27 November
8.30pm

Sign up now!
go.gov.sg/m3zumba

Organised by: People's Association, M3@Woodlands
Supported by: FitWarriors

Get up and moving with Zumba!

Date: 20 Nov & 27 Nov, Friday

Time: 8:30pm

(Via Zoom)

Sign up [here](#).

Signs and symptoms of Childhood Allergies and Asthma

Our Parenting Journey
Childhood Allergies and Asthma

Dr Alison Joanne Lee
Paediatrician
SBCC Baby & Child Clinic

Come and join us to learn more about:
 Common Childhood Allergies
 Understand the signs and symptoms in children with eczema, food allergies, allergic rhinitis and asthma

f LIVE
Sunday
22 November
10.00am

SCAN HERE TO REGISTER

Organised by: People's Association, M³@Woodlands
Supported by: sbcc baby & child clinic, A member of Healthway Medical

Learn about the signs and symptoms of Childhood Allergies and Asthma

Date: 22 Nov, Sunday

Time: 10am

(Via FB Live)

Sign up [here](#).

Nov 2020 BTO Launch in 5 Estates including Sembawang



Photo Source: Mothership.sg (Via HDB)

HDB will be launching approximately 5,700 BTO flats in five estates, including Sembawang, this November. In Sembawang, there will be 720 flats available with 2-room Flexi, 3-room and 4-room and 5-room options.

Read more [here](#).

If you know of someone considering to get a BTO here in Sembawang, see 5 Reasons to get a BTO in the GRC [here](#).

10 mosques to gradually increase number of worshippers to 250;
TraceTogether required



Photo Source: Channel News Asia

Ten mosques including 2 in Sembawang GRC (Masjid Assyafaah and Masjid Yusof Ishak), will participate in a pilot to gradually increase to 250 worshippers per session by year-end. Those attending the prayers must use the TraceTogether app or token for SafeEntry check-ins.

Read more [here](#).

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