



Dear \${FNAME}\$,

The second round of Antigen Rapid Test (ART) kits distribution exercise will last until 7 December.

Sembawang West cleaners were recognised for their hard work with tokens of appreciation last Sunday.

18,000 donuts were distributed to Frontline Workers, school children and their families in Woodlands to spread cheer and to raise awareness on mental health.

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook and join our telegram channel to stay in the know.



All Singapore households to receive 10 antigen rapid test (ART) kits



Photo Source: Mr Ong Ye Kung's Facebook page

The second round of nationwide antigen rapid test (ART) kits distribution has started. Every household will receive 10 ART self-test kits in their letterbox.



Sembawang West Cleaners Appreciation



MP for Sembawang GRC (Sembawang West) Ms Poh Li San handed out tokens of appreciation to our cleaners, which included Singa Puffs courtesy of Singapore Kindness Movement, and care packs from sponsor, Lex Entertainment, last Sunday.

Let's show our appreciation for our cleaners by greeting whenever you see them. A simple "Hi" or "Good Morning!" will surely make their day better!

Woodlands' Deepavali care packs distribution



Photo Source: Ms Mariam Jaafar's Facebook Page

Woodlands has kickstarted this year's Deepavali festivities in our GRC. MP for Sembawang GRC (Woodlands) Ms Mariam Jaafar, the IAEC Chairman Ajayan Ramachandran and other member of IAEC, handed out Deepavali festive packs to several Indian families within the Woodlands Community!

We hope the beneficiaries enjoyed the goodies and we are appreciative to all those who contributed generously.

Admiralty goes virtual for House Visits

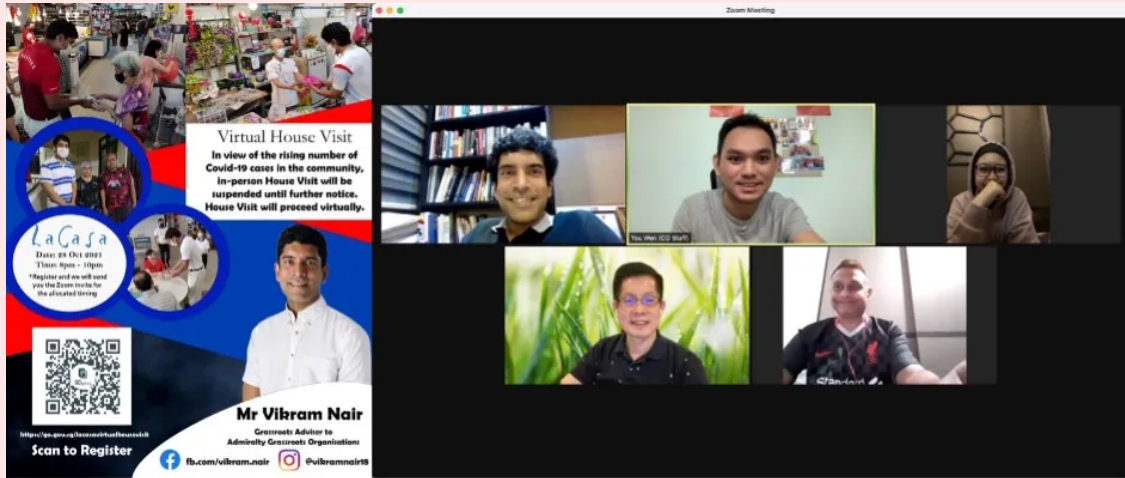


Photo Source: Ms Poh Li San's Facebook Page

In view of the rising number of Covid-19 cases, Admiralty has started virtual house visits, meeting with residents who wish to speak with MP for Sembawang GRC (Admiralty) Mr Vikram Nair and local grassroots leaders on Zoom.

Admiralty residents may sign up on [Mr Vikram's Facebook page](#).

Sembawang West Zone E's community garden harvest



Photo Source: Ms Poh Li San's Facebook Page

Ms Poh Li San together with community garden volunteers at Sembawang West Zone E, harvested locally-grown winter melons that grew to 18kg and 15kg respectively! Not only that, they also harvested lady's

fingers that grew up to 34cm in length.



First boulder gym in Sembawang, Boulder Planet



Whether you have been bouldering as a past time or would like to try this new sport, Boulder Planet is the place for you! Check our video as we share with you what bouldering is about and some helpful tips to complete your climb!



Make a new neighbour friend!

Shout out to Youths of Sembawang! Want to make new friends and get to know your neighbours better? Join Friendzone at Sembawang GRC on 8 November 2021, 8pm to 10pm.

Sign up [here!](#) *Registration closes on 6 November.*

Hello Sembawang youths!

HERE'S A

Stay Hopeful Notice

↔ ONLINE CONVERSATION ↔

8 NOV 2021 (MON)
8:00 PM → 10:00 PM

Want to meet your neighbours
and make new friends? Join us
for a time of great conversation
and new perspectives!

FOR YOUTHS AGES 16-25
REGISTRATION CLOSES 6 NOV!

SCAN HERE
TO SIGN UP ↓



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