



Dear \$[FNAME]\$,

In this issue, we discussed feedback about the recent Budget 2022 announcements and celebrate the achievements our featured #PeopleofSembawang!

Check out the top improvements in Woodlands, as well as some fun activities for your friends and family!

Sayang Sembawang is also holding contests and giveaways, do keep a lookout for them!

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook and join our telegram channel to stay in the know.



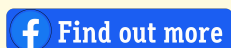
Budget 2022 Chitchat session with MPs!



Photo Source: Dr Lim Wee Kiak's Facebook Page

MPs for Sembawang GRC, Dr Lim Wee Kiak, PBM, Mr Vikram Nair, and Minister Ong Ye Kung recently held a chit-chat session to discuss about the recent Budget 2022 measures.

The session reiterated the Government's stand of always helping citizens in need. Together with Grassroot Leaders, they thoroughly explained rationales behind the new measures while taking into account residents' sentiments.



Woodlands' Top Improvements!

Top 4 Improvements in Woodlands



Photo Source: Ms Mariam Jaafar's Facebook Page

Check out the top 4 improvements around Woodlands. They include new lift noticeboards, newly installed spray water dispensers at Multi-Storey Car parks, Woodlands Integrated Transport Hub and Passionfruit Pavilion! A big thanks to all who made this possible!

[f Find out more](#)

Passionfruit Pavilion at Kampung Admiralty



Photo Source: Ms Mariam Jaafar's Facebook Page

Did you know? Passion Pavilion at Kampung Admiralty is Woodlands' Improvement of the Year! Organized by Kampung Admiralty, Ms Mariam Jaafar joined Seniors in a "Good Neighbours Great Sharing Session", where they learnt about the therapeutic joys of gardening! All participants got to take home a chili plant, with messages on neighbourliness attached to give to their neighbours – how thoughtful!

[f Find out more](#)

Explore Sembawang through Kayaking!



Photo Source: Mr Vikram Nair's Facebook Page

Fancy an adventurous time around Sembawang? Admiralty's Community Sports Network organizes kayaking sessions that lets you explore the mangroves along Singapore's Coastlines!

Do check out PAssion Wave @ Sembawang for more fun activities like these!

[f Find out more](#)

#PeopleofSembawang: Mr Deevak Premdas and Mr Marcus Lim



Photo Source: The Straits Times

Did you hear about the fire incident that broke out at Block 688F Woodlands Drive 75? It was a massive fire that severely damaged the affected unit and some neighbouring ones. Thankfully, nobody was hurt.

Mr Deevak Premdas and Mr Marcus Lim are residents of the affected block and they were recently presented with the SCDF Community Lifesaver Award for their brave efforts during the incident. They evacuated 50 people across nine storeys during a recent fire. This award is presented to members of the public whose actions involve an element of self-risk and who contribute to saving lives.

Congratulations once again and a big thank you!

[f Find out more](#)

SG Heroine Award Winners in Sembawang

A graphic celebrating three SG Heroine Award winners from Sembawang. It features three portraits of the winners: Sherry San, Valerie Guy, and Vickineswari Jagadhasan. Each portrait is accompanied by a short biography and a nomination credit. The background is a light pink color with the words 'RESILIENCE', 'POSITIVE', 'DETERMINED', 'SELFLESS', 'COURAGE', 'POWERED', 'MINDFUL', and 'ROLEMODEL' repeated in a pattern. The SG Women's Festival 2022 logo and the hashtag #sgwomensfest are also present.

SEMBAWANG WINNER
Sherry San
Nominated by Chen Yingkal
Sherry is the Founder of Be Kind SG and has been spreading kindness not only to the community but also gives hope and a voice to people suffering from autoimmune diseases.
In 2017, Sherry launched Be Kind SG to create and inspire a kind and inclusive society for persons with invisible disabilities, inclusivity towards people with invisible disabilities especially those with intellectual disabilities, autism and autoimmune diseases. Currently, they have programmes to support adult disability homes, children and youths with special needs and persons with autoimmune diseases. They had also organised kindness projects for various invisible needs.
Read her full story in the caption

SEMBAWANG WINNER
Valerie Guy
Nominated by Cindy Chng
Valerie was a Graphic Designer who made a career switch to pursue her passion in music and become a Piano Teacher when the pandemic affected the company she worked for. Music has always been her passion and she is now enjoying her new profession and had even set up her own studio.
Always keen to volunteer her time for worthy causes, Valerie is a member of JCI (Junior Chamber International) Mandarin Singapore, and also a founding member for Alliance for Active Against HPV (raise awareness on cervical cancer).
Read her full story in the caption

SEMBAWANG WINNER
Vickineswari Jagadhasan
Nominated by Gayatri Sankaranarayanan
Vickineswari is a School Counsellor with Ministry of Education and currently attached to a Secondary School. Her journey to becoming a Counsellor is quite extraordinary, and one that had shown the strength of character and much determination.
One of Vicki's greatest motivation to become a Counsellor is her son. She wanted to help him come out of his depression and to journey with him to get out of the condition. Sadly, at the age of 22, he ended his own life. This gave Vicki even greater resolve to raise awareness on mental wellness and to help more youths, not to have any child fall through the crack. She has been engaging in public sharing and giving talks.
Read her full story in the caption

Photo Source: SG Women's' Festival Facebook Page

This year's SG Women's Festival revolves around the theme "Recharge, Renew, Rebound".

Celebrating the lives of women, find out more about Ms Sherry Soon, Ms Valerie Guy and Ms Vickineswari Jagadhasan, the three recipients from Sembawang GRC who will receiving the SG Heroine award!

Thank you for being an incredible inspiration for women and the community!

[f Find out more](#)

Bukit Canberra - Coming Soon!

Are you ready for our newest Sport and Community Hub? Stay tuned for updates on Bukit Canberra!

12-HECTARE
Integrated
**SPORT AND
COMMUNITY**
HUB

Artist Impression

[f Find out more](#)

Good Food in the Hood!



Located at a coffeeshop in Sembawang Crescent, Chao Yuan Gourmet serves up a variety of noodles-based dishes! Giving their Meatball Soup, Minced Meat Noodles, Signature Seafood Meesua and Signature Liver a try, we found all of them addictive and tantalizing. What truly won our hearts over was the perfectly cooked Signature Liver side dish!

Check them out at Block 365 Sembawang Crescent #01-10, Singapore 750365

[f Find out more](#)

We tried one of the best creamy butters prawns – and it is right here in Sembawang! Located at Sembawang Hot Springs Park, enjoy good food while being surrounded by lush greenery. What a relaxing and healing experience!

From now till 31 May 2022, like us on the respective Facebook Pages (Sayang Sembawang and Sembawang Eating House Seafood Restaurant) to get free food delivery (minimum \$30 for online orders only; WhatsApp to 64239861).

[f Find out more](#)

Win a Trip to Mandai Singapore Zoo!



Win a Trip to
Mandai Singapore Zoo

Find out more!



We must be mindful that we share our environment with *other living species.*

Our actions have consequences, so let's play our part in *resource conservation* to protect the vulnerability of the wildlife.



Great emphasis and efforts have been put in to conserve our limited resources in the recent years. As we continue to lose our eco-system due to global warming, we must be mindful that the wildlife suffers the consequences as well.

Find out how you can be one of the 3 lucky winners to walk away with free trip to Mandai Singapore Zoo down below! Contest ends this Sunday, 6 March 2022, 2359hrs.

[f Find out more](#)

Design your own MASK~terpiece!

Want to design your own mask? Canberra Community Club is holding a Design your own MASK-terpiece contest to bring out hidden artists within Canberra Constituency.

Check out the link for more details!



Design your own MASK-terpiece

Closing Date: 11 MARCH 2022

OPEN TO ALL AGES

EXPRESS your *creativity* through our mask designing competition.

Visually represent

"Canberra My Home" through your designs!

Join us today to Win Attractive Prizes!!

Winners will be announced during our virtual event on Saturday, 19 March 2022. Follow us at Kampung @ Jelutung Facebook Page for more updates.



SCAN HERE TO REGISTER AND SHOWCASE YOUR CREATIVITY!

*TERMS AND CONDITIONS APPLY



SCAN TO LIKE US ON OUR FACEBOOK PAGE!!

* The Organiser reserves the right to use any photographs (including those of Participant), motion pictures, recordings, or any other media records of the Event, for any legitimate purpose including commercial advertising and distribution to the Organiser. *



[f Find out more](#)

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