# SAYANG Sembang Bringing you the latest community news

#### Dear \$[FNAME]\$,

Check out some of the Ramadan Celebrations in Sembawang GRC this week.

Were you at our first Farmers' Market? Find out what went down during the event.

Our Running Club has been more active than ever-- they even concluded a run for charity recently!

Also, find out more about how Qi Hua Primary School makes use of the food digester to encourage sustainability efforts among the students.

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook to stay in the know.



### **Ramadan Celebrations within the GRC!**

Admiralty Gives Back!



Photo Source: Mr Vikram Nair's Facebook Page

The MAEC recently organised a food distribution for Ramadan!

MP for Sembawang GRC (Admiralty), Mr Vikram Nair, together with many volunteers from Yusof Ishak Mosque and Eurasian Association, packed and distributed porridge and gift bags to our residents.

Find out more

#Rayabersama Raya Together at Woodlands



Photo Source: Ms Mariam Jaafar's Facebook Page

Festive Traditions are back in the community! Following safe management measures, Woodlands held their *Buka Puasa* together with residents from Zone 7-9 at Kampung Admiralty.

MP for Sembawang GRC (Woodlands), Ms Mariam Jaafar, joined them for the festivities, building bonds and retaining the kampung spirit!

#### **f** Find out more

#### Making Kuih Makmur!



#### Photo Source: Ms Poh Li San's Facebook Page

MP for Sembawang GRC (Sembawang West), Ms Poh Li San recently attempted to make traditional peanut cookies, *Kuih Makmur, with* Cik Nier for an episode of the 'Kelentang Kelentung Ramadan' cooking series!

Do check out the series on M<sup>3</sup> at Woodlands Facebook page. You can find all the recipes there as well!

**Find out more** 

## Sembawang GRC Farmers' Market!



MPs for Sembawang GRC, Minister Ong Ye Kung, Ms Poh Li San, Mr Vikram Nair and Dr Lim Wee Kiak, PBM, attended the first Farmers' Market in our GRC since the pandemic.

The market promotes green spaces and sustainable food practices through the blooming community gardens and commercial rooftop farms. The event was attended by 1000 residents who arrived at staggered timings. What a fun and exciting time!

Minster Ong also reiterated the importance of personal responsibility in life after the pandemic, a step that we should all move towards.

Find out more

# **Admiralty Checks in on Residents**



Photo Source: Mr Vikram Nair's Facebook Page

After a bad fire at the ground floor of Block 662, Mr Vikram Nair visited the residents, together with the welfare team who also have been assisting the affected family. Members from SCDF, Zone 7 RN and volunteers from the C2E team, checked on how residents were coping and informed them of the basic fire safety precautions.

**Find out more** 

## **Our Running Club Activities!**



Photo Source: Ms Poh Li San's Facebook Page

In support of NKF's 'Race Inspired! 2022' Fund Raising, MPs for Sembawang GRC, Ms Poh Li San and Dr Lim Wee Kiak, PBM, joined runners from Canberra and Sembawang West CSC Running Clubs for a 10km run in Admiralty Park!

With different terrains and gradient in the densely forested park, Admiralty Park is a wonderful place to do your morning exercises with family and friends.

Find out more

## Sembawang West Long-Service Awards!

## PA COMMUNITY LONG SERVICE AWARDS @ SEMBAWANG WEST



#### Photo Source: Ms Poh Li San's Facebook Page

Sembawang West division recently held their Long Service Award Presentation, honoring more than 30 volunteers who have dedicated 5 – 40 years of service to our residents! Thank you for your selflessness and contributions towards the community!

With the resumption of most community programmes and events, there will be more crosscollaborations amongst GRO teams and external stakeholders to extend outreach to various microgroups in the community.

Find out more

# **<u>Qi Hua Primary School's Food Digester</u>**



Did you know Qi Hua Primary School has a Food Digester? Adopting it to practise more sustainable efforts, they recycle food waste and process it into compost for their school gardens!

Not only are they impacting the future generations, they are also contributing to the sustainability efforts in our GRC! Kudos to the school for these efforts made.

( **f**) Find out more

#### **Bazar Untuk Rakyat @ Woodlands**

Satisfy your food cravings and fulfil your Hari Raya needs and essentials at the Bazar Untuk Rakyat @ Woodlands.

Check it out from 16 April to 1 May 2022 at the new Woodlands Sports Pavilion. The Bazar will be opened daily from 10am to 10pm. See you there!

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Organised By MegaXpress

An #mpowerwoodlands initiative by MP Mariam Jaafar

Satisty your food cravings and fulfil your Hari Raya needs! @Woodlands WOODLANDS SPORTS PAVILLION (Near to Blk 677 Woodlands Ave 6, Singapore 730677) Bask in the fun and joy of this festive period with yummy food and the latest apparel designs! Grilled Juicy Chicken Char Kway Teow Ramly Burger Authentic Laksa Satay & Kebab

16 APR - 1 MAY 2022

12 pm - 10 pm

Vadai

 Apparel • & many more! There are even food trucks!

Come on down!









