

Dear \$[FNAME]\$,

See what went down as residents of all ages recently participated in a community sports carnival at Canberra Secondary School.

Scroll down to get a sneak peek of the newly upgraded Montreal Green Park!

In this issue, we feature delicious food that you can find in our GRC for our #EatWhatFriday series!

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook to stay in the know.







GetActive! Singapore Sports Carnival

@ The North



On 21 August 2022, our residents were not afraid to get down and dirty at GetActive! Singapore, Sports Carnival @ the North (organised by Woodlands United Sports Academy) despite the rain that morning.

Joined by MPs for Sembawang GRC, Minister Ong Ye Kung and Mr Vikram Nair, many participated in the wide range of sports activities at Canberra Secondary School such as Basketball, tug-of-war, dodgeball, volleyball, and more!



# **Updates on Montreal Green Park**



Here's a sneak peek of our newly upgraded Montreal Green Park!

It will be ready by the next quarter of 2022 and residents, both young and old, can look forward to a Sembawang heritage wall, new fitness equipment and playground facilities for different age groups!

**f** Find out more

# #PeopleofSembawang: Ms Poh elected as new Singapore Table Tennis Association President



#### Photo Source: Channel News Asia

MP for Sembawang GRC (Sembawang West) Ms Poh Li San, was elected unopposed as the Singapore Table Tennis Association (STTA) new president earlier this week.

She said in a Facebook post, "Big shoes to fill but I hope to do my part to help our national paddlers develop their full potential and become a world class table tennis team!" as she takes over from Ms Ellen Lee.



# #PeopleofSembawang: Mr Dinesh Sawlani



Photo Source: Mr Vikram Nair's Facebook page

MP for Sembawang GRC (Admiralty) Mr Vikram Nair, met Mr Dinesh Sawlani, during the GetActive! Sports Carnival. He is a physics teacher at Canberra Secondary School, who also has been playing the role of Lord Krishna at Janmashtami celebrations for many years.

Find out more

### #EatWhatFriday

**New Odense** 



Introducing some fluffy waffles from New Odense which we discovered at the newly upgraded **Woodlands North Plaza!** 

The waffles were soft and fluffy, with a generous dollop of chocolate filling that we opted for. No preservatives or artificial colouring is added so fret not! We accompanied our order with some grass jelly green milk tea from the same stall, which was not too sweet and had a familiar nostalgic flavour.

Ji Xiang Everton Ang Ku Kueh



We chanced upon Ji Xiang Everton Ang Ku Kueh pop-up booth at **Sun Plaza** last week.

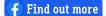
Other than the traditional peanut and sweet bean fillings, we were also spoilt with other choices such as salted bean, sweet corn, yam and coconut flavours. The skin of the ang ku kueh is soft and the right amount of chewiness, with generous fillings that will give you a taste of filling with every bite. Do visit them before they are gone at the end of the year!

# **Homebakers in the North WANTED!**



Looking for home bakers in the North to be part of an upcoming mega event in Bukit Canberra!

Home bakers may reach out to Bukit Canberra at  $bukit\_canberra@sport.gov.sg$  or PM them on Facebook/Instagram now!



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