



SAYANG SEMBAWANG

Bringing you the latest community news

Dear \$[FNAME]\$,

Read on to discover more about the ongoing festive activities and events which brightened up both Bukit Canberra and the faces of residents in Sembawang.

Delve into the details of how our community engages elderly residents and improves their welfare.

Get the inside scoop on upcoming events around our town and never miss a beat when it comes to the latest happenings in our vibrant community!

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook to stay in the know.



Sembawang GRC's Health Fiesta



Sembawang GRC's Health Fiesta was a lively morning brimming with energy and community spirit! Both advisers and residents came together for a range of invigorating workouts around Bukit Canberra, leaving everyone feeling refreshed and revitalised. The day began with a brisk and refreshing walk led by the Woodlands Jalan Kakis, followed by exciting sports try-outs and informative booths focused on maintaining health and preventing illnesses. Participants also had the chance to connect with many wonderful members of the community. It was a fantastic reminder of the joy and camaraderie that come from staying active together!

[Find out more](#)

Woodlands Stay Cool & Eat Ice Cream!



Photo Source: Mariam Jaafar's Facebook

The annual Great Woodlands Ice Cream Giveaway returned, celebrating Mental Health Awareness with free ice cream distributed at various locations across Woodlands. This year's theme, "Stay Cool, Eat Ice Cream," featured Adviser Ms Mariam Jaafar visiting 17 preschools, 2 primary schools, and MINDS Woodlands Gardens School to delight excited children in honour of Children's Day. The giveaway sparked joy and excitement among kids all around Woodlands, who were bouncing with joy while eating ice cream!

[Find out more](#)

Admiralty's Children's Carnival 2024



Photo Source: Vikram Nair's Facebook

Admiralty Zone 4 RN, in collaboration with the Admiralty Youth Network and Singapore Polytechnic, organised a vibrant Children's Carnival where over 60% of the games were lovingly handcrafted by youth volunteers. With primary school students enjoying an extended weekend due to PSLE marking, the atmosphere was filled with joy as children relished delicious food, exciting games, and engaging activities. Our Adviser, Mr Vikram Nair, embraced the fun by tapping into his inner child, engaging with the children in their imaginative play and getting to know them better!

[f Find out more](#)

Canberra Zone 5 RN Children's Day Celebration



Photo Source: Dr Lim Wee Kiak's Facebook

Canberra Zone 5 RN celebrated the eagerly awaited return of the Canberra Children's Day event at Blk 405 Admiralty Link's Linkhouse. Children delighted in tasty McDonald's Happy Meals and engaged in a variety of lively games, including an enchanting magic show. Our Adviser, Dr Lim Wee Kiak, PBM, was thrilled to see the children having such a wonderful time. The event was a resounding success filled with laughter and excitement!

[f Find out more](#)

Sembawang West's SparkleTots Kindergarten Graduation Ceremony



Photo Source: Poh Li San's Facebook

Adviser Ms Poh Li San attended the Kindergarten Graduation Ceremony with parents, students, and educators from SparkleTots centres at Blocks 730, 755, 780, and 789. This milestone marks the start of an exciting journey for 120 young graduates as they move on to mainstream schools or special education programmes, each tailored to their unique strengths. Congratulations to all the graduates, and a huge thank you to the dedicated teachers and staff of PCF for their commitment and support!

[f Find out more](#)

Upcoming Events

Admiralty Sustainival 2024

Sustainable 2024 Admiralty

Let's ❤️ the Earth!

Date: Sat, 19 Oct 2024

Time: 10am to 1pm

Venue: ACE The Place CC, MPH

Don't throw me away!

- Tote-bag making and upcycling: Transform waste into valuable items and reduce plastic bag usage.
- Food rescue initiative: Collect and repurpose less appealing or near-expiry food items

Be Green to promote sustainability

- Explore informative booths from various agencies
- Discover the benefits of adopting eco-friendly practices
- Participate in hands-on activities:
 - Learn to grow microgreens
 - Engage with air plants

What else can each ticket get?

- Delicious meals/snacks from the Food Truck
- Beverages, ice cream and tutu kueh!
- Explore eco-friendly and green product booths
- Workshops participation - First Come First Serve!

Be part of the Admiralty green movement!

Do bring your own bag! BYOB!

FOR ANY ENQUIRIES, PLEASE CONTACT
ACE THE PLACE CC AT 68913430

The organiser reserves the right to use any photographs (including those of participants), motion picture, recordings of any other records of the Event, for any legitimate purposes including commercial advertising and distribution to the organiser.



TICKETS

\$3

for an unbeatable value!

SCAN QR CODE FOR TICKET PURCHASE!

Photo Source: Our Admiralty's Facebook

Join Admiralty for their 2024 Sustainival! Dive into sustainability by making your own tote bag and participating in food rescue. Explore activities like growing microgreens, visiting eco-booths, and attending an air plant workshop. Plus, enjoy delicious katsu chicken rice, ice cream, and tu tu kueh while you're there. With limited tickets available, be sure to grab yours soon. Let's come together to love our planet!

Click here to sign up: <https://www.onepa.gov.sg/events/admiralty-sustainival-2024-55930844>

See you there!

[f Find out more](#)

Rock Untuk Rakyat 2 - In Aid of Gaza

ROCK UNTUK RAKYAT IN AID OF GAZA

FRIDAY, 25 OCTOBER 2024 | 8PM TO 10PM

TICKETS: \$28.00 PER PAX
WOODLANDS STADIUM

AWEERA | DATO ADI PUTRA | FUAD RAHMAN & TOM | EISS | AURA SHAI
EKA MAIRINA | SHEILA SURATMAN | TROJAN | XIN4NIA | PAC BAND | ELEKTRIKAR

Scan the QR Code to
BUY TICKETS
or visit go.gov.sg/rur2



DONATE TO GAZA



For more information, please call Satellite Woodlands CC at 6362 8832

All donations will go towards the Rahmatan Lil Alamin Foundation (RLAF) Humanitarian Aid for Gaza 2024 campaign (UEN: 200910530ZRLA Please reference RUR2GAZAID2024)

AN #MPOWERWOODLANDS INITIATIVE BY MS MARIAM JAAFAR

Photo Source: Woodlands Community's Facebook

Get ready for Rock Untuk Rakyat 2, an epic charity concert in aid of Gaza, featuring rock legends such as Aweera, Eiss, and Fuad Rahman. The concert will take place on 25 October 2024, promising a night of great music for a worthy cause. Don't miss out—grab your tickets now!

Click here to sign up: <https://www.onepa.gov.sg/events/rock-untuk-rakyat-2-91948691>

See you there!

[f Find out more](#)

Canberra Zone 8 and IAEC - Saree Elegance: Draping and Makeup Tutorial

Saree Elegance: Draping & Makeup Tutorial Workshop

CONDUCTED BY:
KALAWATHY ARUMUGAM
CANBERRA COMMUNITY
VOLUNTEER

*BRING YOUR OWN SAREE



Scan Me!

Event Details

SUNDAY
20 October 2024
2PM TO 4PM

Registration Fee

FREE

Venue

Blk 362 Sembawang Crescent,
#01-11 Singapore 750362

The Organiser reserves the right to use any photographs (including those of Participants), motion pictures, recordings, or any other media records of the Event, for any legitimate purpose including commercial advertising and distribution to the Organiser. *



People's Association



CANBERRA



Residents' Network



NORTHWEST
COMMUNITY DEVELOPMENT COUNCIL



CANBERRA ZONE 8 RN CENTRE
BLK 362 SEMBAWANG CRESCENT #01-11
SINGAPORE 750362
FACEBOOK@ CANBERRA ZONE EIGHT



FOLLOW US

Photo Source: Kampung Jelutung's Facebook

Join Canberra for a free workshop on saree draping and makeup tutorials led by Canberra resident Kalawathy Arumugam. Whether you're looking to dazzle this Deepavali or simply want to embrace the elegance of the traditional Indian saree, this event is for you. Bring your own saree, but if you don't have one, feel free to join anyway. The workshop will take place on 20 October 2024.

Click here to sign up: <https://www.onepa.gov.sg/events/canberra-zone-8-and-iaec-saree-elegance-draping-and-makeup-tutorial-65984800>

See you there!

[Find out more](#)

Like us on Facebook

Follow us on Instagram

Join our Telegram Channel

You are receiving this email as you signed up for our newsletters.

Want to change how you receive these emails?

You can [Unsubscribe](#) or [Update your preferences](#)