



SAYANG SEMBAWANG

Bringing you the latest community news

Dear \$[FNAME]\$,

Read on to discover more about the ongoing festive activities and events which brightened up both Bukit Canberra and the faces of residents in Sembawang.

Delve into the details of how our community engages elderly residents and improves their welfare.

Get the inside scoop on upcoming events around our town and never miss a beat when it comes to the latest happenings in our vibrant community!

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook to stay in the know.



Chinese New Year with Canberra Zone 3



Photo Source: Dr Lim Wee Kiak PBM's Facebook

Over the previous weekend, Canberra Zone 3 celebrated Chinese New Year in the classic Kampung fashion, uniting 150 residents. Alongside advisor Dr. Lim Wee Kiak, PBM, the residents assembled to engage in the lohei ceremony and enjoy delicious cuisine. The event's focal point was the captivating "firecracker" showcase, filled with resounding bursts.

[Find out more](#)

Admiralty CSC's Children's League



Photo Source: Mr Vikram Nair's Facebook

Our advisor, Mr. Vikram Nair, paid a visit to the children participating in Admiralty CSC's Children's League. This football club is highly popular among children and youth, conducting training sessions over the weekends at Christchurch Secondary and Woodlands Ring Primary, both of which graciously provided their premises.

Adjacent to them at Christchurch Secondary, where some of the girls were engaged in netball training, adding to the diversity of community sports activities. The primary objective of this CSC club is to offer sporting opportunities within the community. For individuals keen on sports and seeking community for playing and training, we encourage you to explore what the club has to offer.

[Find out more](#)

Chinese New Year at Woodlands Mart and Block 758E



Photo Source: Ms. Poh Li San's Facebook

Amidst the festive season, our advisor, Ms. Poh Li San, and her team of volunteers distributed over two thousand mandarin oranges to residents at Woodlands Mart and Block 758E. These mandarin oranges hold significant symbolism in Chinese tradition, representing good fortune. Through this gesture, we extend our heartfelt wishes to residents for good health, happiness, and prosperity in the Year of the Dragon.

[Find out more](#)

Chinese New Year Celebration 2024 at Woodlands



Photo Source: Ms. Mariam Jaafar's Facebook

On February 17, 2024, our advisor, Ms. Mariam Jaafar, joined over 3000+ Woodlanders and friends from various races and religions for our Chinese New Year festivities at Kampung Admiralty.

The event was filled with vibrant activities, including a collective lohei with 88 dragon babies, experiencing traditional delights like dragon beard candy, calligraphy, and paper cutouts, as well as sharing warm embraces while distributing oranges.

The occasion also featured remarkable school performances and a breathtaking acrobatic lion dance, fostering a sense of unity and joy within our Woodlands community. A special acknowledgment goes to all the volunteers and staff who contributed to making this celebration a success.

Ms. Mariam Jaafar extends her heartfelt wishes for continued love and support within our Woodlands Community, embodying the spirit of Long Ma Jing Shen (Vitality of the Dragon and Horse)!

[Find out more](#)

Upcoming Events

Parent-child yoga stretching workshop

BOND WITH YOUR CHILD THROUGH WELLNESS ACTIVITIES

Inculcate positive lifestyle habits in you and your child* this March holidays with wellness activities, from yoga stretches to healthy yogurt-making.

*aged between 3 to 6 years old

12 MARCH 2024, TUESDAY

TIME: 2.30PM - 4.30PM

BLOCK 1C, LEVEL 1, HEALTH AND WELLNESS STUDIO, SEMBawang POLYCLINIC (BUKIT CANBERRA)




REGISTER HERE:



60 years

<https://go.gov.sg/wellnessbondingatbc>

In collaboration with:





Photo Source: Bukit Canberra's Facebook

For the upcoming March holidays, take the opportunity to spend quality time with your child while exploring and adopting healthier lifestyle habits.

Join us on March 12th, from 2:30 PM to 4:30 PM, for our parent-child workshop where you can delve into Yoga stretching, learn the art of making healthy yogurt, and more.

Venue: Block 1C, Level 1, Health & Wellness Studio, Sembawang Polyclinic (Bukit Canberra)

Date: March 12, 2024

Time: 2:30 PM - 4:30 PM (2 hours)

*Please remember to bring your own Yoga mat.

To register, simply scan the QR code or click on the link provided below!

<https://go.gov.sg/wellnessbondingatbc>

See you!

[Find out more](#)

Digital for life: learn digital E-payment learning journey.




For a more digitally inclusive society, together

DIGITAL FOR LIFE: LEARN DIGITAL E-PAYMENT LEARNING JOURNEY



MAKING CONNECTIONS THAT MATTER

1 March 2024 (Friday)

9.30am – 3pm

Registration: SPARKS@Bukit Canberra

Hands-on Practice: Bukit Canberra Hawker Centre

Address: 21 Canberra Link Singapore 756973

30 mins per session

Participants may select their preferred session.

Pre-registration required.

Call 8468 5296 to register.

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If this is your first e-Payment Learning Journey, you will receive* a one-time \$5 credit to make your first cashless transaction!

The e-Payment platforms taught at the Learning Journey include DBS digibank, DBS PayLah!, GrabPay, OCBC Pay Anyone, Singtel Dash, and UOB TMRW.

*For seniors aged 60 years old and above only.

Pre-requisites:

- 40 years old and above
- Singapore Citizens or PR
- Owns a smartphone with data plan & camera function

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