

Dear \$[FNAME]\$,

Read on to discover more about the ongoing festive activities and events which brightened up both Bukit Canberra and the faces of residents in Sembawang.

Delve into the details of how our community engages elderly residents and improves their welfare.

Get the inside scoop on upcoming events around our town and never miss a beat when it comes to the latest happenings in our vibrant community!

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook to stay in the know.







Sembawang West Launches First Roof-Top Community Garden!



Sembawang West is thrilled to announce the launch of its first rooftop community garden at Blk 759A, made

Photo Source: Poh Li San's Facebook

possible by the dedication of residents and volunteers. Under the guidance of Bernice, the Lead Gardener, the Zone G Rooftop Garden has transformed a once-barren concrete car park into a vibrant green oasis after months of hard work. This initiative not only encourages residents to cultivate their favourite crops but also fosters a close-knit community of urban gardeners who can share their harvests with less privileged residents through a Give Back Plot. We look forward to watching this garden thrive and flourish!





友趴趴走) walk, organised by Jack Neo, aims to encourage Singaporeans to be more active and engaged.

These walks often attract local celebrities, and our adviser, Minister Ong Ye Kung, has participated in several of them himself. Join in the fun and get moving with the community!

Find out more

Woodlands Plate Giveaway



Photo Source: Mariam Jaafar's Facebook

Our adviser, Ms. Mariam Jaafar, recently shared some exciting news about new SWAG for the Woodlands division, in collaboration with Luzerne, one of Singapore's homegrown tableware brands. The eye-catching plates were designed by Woodlands resident Cindy Koo, who also created the Woodlands Community logo and the Woodlands mug that was given out two years ago. These plates showcase some of the notable developments in Woodlands and have been handed out for free to residents!

f Find out more

<u>Admiralty Zone 5 RN Movie Night</u>



Photo Source: Vikram Nair's Facebook

Admiralty Zone 5 RN hosted a fun movie night over the weekend, inviting residents to gather and enjoy the

film "Jungle Cruise" in a relaxed open-air setting. The atmosphere was lively as families and friends settled in for a cozy evening under the stars. To enhance the experience, a nearby food truck offered delicious bites from Old Chang Kee, allowing everyone to indulge in some delicious fried goodies while watching the film. It was a wonderful way for the community to come together and enjoy a night of entertainment and good company!

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Canberra Zone 2 RN Functional Screening



Canberra Zone 2 RN recently hosted its annual Functional Screening on 29 September 2024, with over 50 seniors participating to check their eyes, ears, and mouths. The event provided essential health services while fostering a sense of community as seniors connected with healthcare professionals for personalised assessments. Those who missed this year's screening are encouraged to join the next one—it's a great way to stay informed about your health and engage with fellow residents!

Find out more

<u>Great Woodlands Ice Cream Giveaway</u>

Upcoming Events

STAY GOOL & EAT GE GREAM

You are not alone. It's OK to reach out. 😂 Let's take care of one another

#YourMentalHealthMatters **#YouMatter**



IT'S THE GREAT WOODLANDS ICE-CREAM GIVEAWAY! SATURDAY, 5 OCTOBER 2024

CATCH US AT:

(All times are approximations)

Roving Ice-Cream Van:

2.00 PM - 2.40 PM : Blk 667 and Blk 834 2.50 PM - 3.20 PM : Blk 608 and Blk 806 3.30 PM - 4.10 PM : Blk 638 and Blk 862

Stationary Ice-Cream Cart:

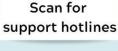
4.20 PM - 5.00 PM: Blk 654 and Blk 867

2.00 PM - 5.00 PM:

Playground near Blk 677 and Woodlands North Plaza Atrium While stocks last. Limit to 1 ice-cream per person.





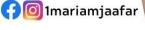






An #mPowerWoodlands initiative by Ms Mariam Jaafar, Adviser to Woodlands GROs

#mPowerWoodlands





In celebration of Mental Health Awareness, free ice cream will be available at different spots around Woodlands. It's a chance to chill out, enjoy some sweet treats, and remember that mental health is important! With stationary ice cream carts and a roving van, it's the perfect way for everyone to come together and have some fun.

See you there!

Find out more

Canberra Bloom and Fun!











BLK 362 SEMBAWANG CRESCENT #01-11 SINGAPORE 750362 FACEBOOK@ CANBERRA ZONE EIGHT



Canberra Zone 8 and Canberra Youth Network are thrilled to present the Bloom and Fun event! This celebration brings together people and plants for a joyful day of community as they celebrate Children's Day

and the Sun Natura Garden's 1-Year Anniversary. Attendees can enjoy interactive games, engaging booths, and delicious food. Plus, there will be a special plant swap, where plant owners can exchange plants and share gardening tips. Everyone is invited to join for a day filled with laughter, creativity, and connection mark your calendars and create lasting memories! Click here to sign up: https://www.onepa.gov.sg/events/canberra-zone-8-bloom-fun-garden-anniversary-and- children-s-day-celebration-61398315

See you there!

(f) Find out more ACE The Place CC WEC Happy Line Dance 2024



Click here to sign up: https://www.onepa.gov.sg/events/ace-the-place-cc-wec-happy-line-dance-2024-74737650

See you there!

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