



SAYANG SEMBAWANG

Bringing you the latest community news

Dear \$[FNAME]\$,

Read on to discover more about the ongoing festive activities and events which brightened up both Bukit Canberra and the faces of residents in Sembawang.

Delve into the details of how our community engages elderly residents and improves their welfare.

Get the inside scoop on upcoming events around our town and never miss a beat when it comes to the latest happenings in our vibrant community!

Stay tuned to our weekly highlights for more news closer to home. Join our Telegram channel, follow us on Facebook to stay in the know.



Celebrating Teachers' Day: Honouring Sembawang West SparkleTots Principals, Teachers, and Staff



Photo Source: Poh Li San's Facebook

Our Adviser, Ms Poh Li San, recently attended the Teachers' Day celebrations with the SparkleTots principals, teachers, and staff from the Sembawang West PCF centres at Blocks 730, 755, 780, and 789. She was deeply impressed by the staff's dedication and commitment. A shining example is Ms Yogeswari, the Executive Principal, who began her teaching career 25 years ago. Throughout the years, she has built a strong, cohesive team and nurtured thousands of children. Notably, three of her current teachers were once her own students, illustrating the profound impact educators can have on shaping the future.

[!\[\]\(d3102649f02e825ddb76dc3de0190154_img.jpg\) Find out more](#)

Teacher's Day Appreciation for ACE The Place CC's Dance Fit instructor



Photo Source: Vikram Nair's Facebook

The Dance Fit Club at ACE the Place Community Centre recently held a delightful potluck to celebrate their instructor, Ms. Koh Lay Hwa, for Teacher's Day! This enthusiastic group, known for their regular exercise sessions and lively performances at Admiralty's community events, came together to show their appreciation. Our Adviser, Mr. Vikram Nair, also joined in the celebrations. This occasion wonderfully highlighted that Teacher's Day is not just for school teachers.

[!\[\]\(3342c215b2a8b663596a81468d5dc314_img.jpg\) Find out more](#)

Blossom Seeds Charity Walk: Ready Set GOLD 2024



Photo Source: Ong Ye Kung's Facebook

Our Adviser, Minister Ong Ye Kung, along with Ms. Mariam Jaafar and Dr. Lim Wee Kiak, PBM, recently participated in the charity walk "Ready Set GOLD 2024," organised by Blossom Seeds. This community organisation is dedicated to helping seniors thrive in their golden years by promoting active lifestyles and fostering a supportive network among them. Their work exemplifies Sembawang GRC's commitment to supporting our elderly residents by encouraging active living and ensuring that no one is left behind.

[f Find out more](#)

Making Woodlands a Better Home Video Showcase



Photo Source: Mariam Jaafar's Facebook

Curious about how neighbourhood improvements are made? Watch this video for an inside look at how Woodlands enhances its community through initiatives like Improvement of the Week, Improvement of the Year, and the Woodlands Taskforce team, in collaboration with various stakeholders. Our Adviser, Ms. Mariam Jaafar, is always keen to hear residents' suggestions and is dedicated to making Woodlands a more inclusive and better place for everyone.

Click "Find out more" to watch the video now!

[f Find out more](#)

Canberra Green Day



Photo Source: Canberra Zone 1 Gardening Interest Group's Facebook

The Canberra division recently marked Green Day with a tree-planting event and a celebration of nature's bounty alongside our Adviser, Dr. Lim Wee Kiak, PBM. The community planted Chiku fruit trees and had the opportunity to harvest produce from plants nurtured in the Canberra Zone 1 Community Garden. During the open house, the dedicated community gardeners proudly showcased their carefully tended plants and generously shared the fruits of their labour with residents.

[f Find out more](#)

Upcoming Events

Formula 1 Singapore Grand Prix 2024 Live Screening @ Woodlands Galaxy CC

FORMULA 1 SINGAPORE AIRLINES SINGAPORE GRAND PRIX 2024 LIVE SCREENING @ WOODLANDS GALAXY CC

Date: 22 September 2024 (Sunday)

Carnival Time: 5pm to 9pm

F1 Screening Time: 7pm to 10pm

Venue: Woodlands Galaxy CC

Admission is FREE

Join us for an evening of exhilarating Formula 1® action and fun activities for the whole family!



HIGHLIGHTS



3D Cardboard Race Car Painting



Battery Operated Kiddy Ride



Tamiya Track Racing
(bring your own racing car)



Bouncy Castle



Car Racing Arcade



Stargazing
(subject to weather condition)



Hands-on Art Activities*



Mini Cardboard Race Car*

(assembly needed)

* while stock last



ORGANISED BY:



SUPPORTED BY:



Photo Source: Our Sembawang West's Facebook

Experience the thrill of the races with the live screening at Woodlands Galaxy Community Centre! In addition to the exciting race coverage, you can look forward to a range of family-friendly activities, including rides, art sessions, and stargazing. Join us for a day packed with fun and excitement!

See you there!

[Find out more](#)

Sembawang Central 'I Still Do 2024'

SEMBAWANG CENTRAL

I Still Do 2024

15 Dec 2024, Sunday
6.00pm to 7.30pm
Bukit Canberra
Community Plaza (Level 2)

We are inviting couples
celebrating 25 years of
marriage to join us for
'I Still Do 2024'!

Share this good news with couples who:

- are married for 25 years in 2024* (i.e married in 1999)
- registered their marriage at ROM or ROMM
- at least one spouse is a Singapore citizen
- a resident of Sembawang Central

SCAN ME



Registration closing date:

31 Oct 2024

or when slots are fully filled!

Programme Highlights:

- Renewal of Vows
- Light Refreshments
- Interactive Stage Games

& more!



For enquiries, please call Sembawang Community Club at 67527212.

FOLLOW US



Disclaimer: The organiser reserves the right to use any photographs (including those of participants), motion pictures, recordings, or any media records of the event, for any legitimate purpose including commercial advertising and distribution to the organiser.

Photo Source: Sembawang Central Community's Facebook

Calling all evergreen couples in Sembawang Central! We're celebrating couples married for 25 years or more with a special vow renewal ceremony. Since love is priceless, this heartfelt event is completely free for eligible couples. Don't miss out—reserve your spot quickly as spaces are limited! Registration closes on 31 Oct 2024.

Click here to sign up: <https://go.gov.sg/istilldo2024>

See you there!

[Find out more](#)

Woodlands Yoga & Meditation for Community

ORGANISED BY
WOODLANDS CC INDIAN ACTIVITY EXECUTIVE COMMITTEE

YOGA & MEDITATION FOR COMMUNITY

22 SEPTEMBER 2024, SUNDAY

8.30AM TO 11.00AM

KAMPUNG ADMIRALTY COMMUNITY PLAZA

EVENT IS FREE FOR ALL TO JOIN!



PROGRAMME

- **Yoga session** suitable for all ages, conducted by our award-winning trainer, Mr Senthil
- **Relaxing meditation** conducted by our partners from Heartfulness
- Learn to harness the **powerful benefits of laughter**, lead by Laughter Therapist, Ms. Suchi



Register via the QR Code
or go.gov.sg/iaeciyd

Priority for Woodlands residents!

Attractive goodies for registered participants!

Limited slots available!



Please bring along your own
towel, water bottle & yoga mat!

Joining Us:
Ms Mariam Jaafar
Grassroots Adviser to
Woodlands GROs




FOR ENQUIRIES, PLEASE CALL
SATELLITE WOODLANDS CC AT 6362 8832

Photo Source: Woodlands Community's Facebook

A term has been coined to describe our rapidly changing world: the VUCA World—Volatile, Uncertain, Complex, and Ambiguous. In times of such fast-paced change and uncertainty, it's crucial to take care of yourself and manage stress effectively. Practising mindfulness through yoga and meditation is a great way to achieve this. Join Woodlands for a community Yoga and Meditation session and take some time to unwind and recharge.

Click here to sign up: <https://go.gov.sg/iaeciyd>

See you there!

 Find out more

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