

# SAYANG *Sembawang*

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## SAYANG SINGAPURA!



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Dear Residents,

The month of August was an important one as we celebrated Singapore's 54<sup>th</sup> National Day. This was a special celebration as this year also commemorates Singapore's bicentennial, 200 years from the time Sir Stamford Raffles landed in Singapore.

At the time Raffles arrived in Singapore, the population was estimated to be around 1000 people. As an important port for the British in South East Asia, Singapore became part of a global empire. Many of our forefathers came to Singapore during this period, primarily from other parts of the Malay Archipelago, China and India.

In Sembawang, National Day celebrations took place in different locations and in different ways. Each celebration brought friends and families together. We had the chance to reflect on Singapore's remarkable journey to date, the relatively privileged life we now live, and also, our responsibility to future generations. We also all came together on 10 August, together with friends from other parts of the North West, to catch the mobile column coming to the heartlands. It was a proud moment for us all.

Apart from the National Day celebrations there were other unique events as well. These included a Youth Festival and the PAssionArts Festival Village. A

consensus gathering for Gambas' Neighbourhood Renewal Programme (NRP) was also held to gather residents' feedback. At Admiralty, the Youth Executive Committee organised a Bubble Tea Festival, one of the first of its kind, which attracted almost 1000 youths.

There are also exciting developments upcoming. In 2020, residents will be able to enjoy a newly upgraded Montreal Green Park, which boasts a butterfly garden, heritage corner, and many exciting and interactive playgrounds and fitness corners (Page 10). Our kids in Woodlands can also explore the new dinosaur-themed playground at Fu Shan Garden and take memorable family portraits for keepsake (Page 11). Other exciting developments such as two new sports parks in Sembawang and Woodlands, and the much-awaited Sembawang Hot Spring Park and Bukit Canberra, are also upcoming.

As we approach the end of 2019, I am happy to share that our community page, "Kampung Sembawang", has been relaunched as "Sayang Sembawang" across all social media platforms to bring you the latest community news and town development updates. You can read more about it on Page 12. Sayang Sembawang!

**Mr Vikram Nair**  
Chairman

Penduduk yang dihormati,

Kami menyambut hari kebangsaan Singapura pada kali ke-54 pada Ogos yang lalu. Ia adalah sambutan istimewa kerana ia juga memperingati tahun ke-200 sejak ketibaan Sir Stamford Raffles di Singapura.

Bilangan penduduk pada masa ketibaan Raffles hanya sebanyak seribu orang. Singapura menjadi sebahagian daripada kerajaan global kerana ia adalah pelabuhan penting buat orang Inggeris di Asia Tenggara. Kebanyakan nenek moyang kita yang berasal daripada kepulauan Melayu dan negeri Cina dan India datang ke Singapura pada tempoh masa itu.

Penduduk Sembawang menyambut hari kebangsaan bersama keluarga dan sahabat handai melalui pelbagai acara. Kita bersama-sama merenungkan perjalanan hebat yang negeri kita telah mengalami sambil menghargai kehidupan selesa yang dinikmati ramai dan tanggungjawab terhadap generasi rakyat Singapura yang akan datang. Kita juga bersama-sama menyertai penyampaian kontinjen kenderaan (mobile column) dengan penduduk kawasan yang lain.

Terdapat acara unik yang lain juga, termasuk Pesta Belia dan Pesta Seni PAssionArts. Penduduk Gambas memberi maklum balas

semasa pertemuan konsensus buat Program Pembaharuan Kejiranan (NRP). Sebuah Pesta 'Bubble Tea' dianjurkan oleh Jawatankuasa Eksekutif Belia Admiralty dihadiri hampir seribu belia.

Nantikan perkembangan menarik seperti Taman Montreal Green (halaman 10), yang akan mempunyai taman rama-rama, sudut warisan, taman permainan yang menarik dan berinteraktif, serta sudut senaman. Penataran taman ini akan selesai pada tahun depan. Kanak-kanak yang gemar meneroka patut melawat Taman Fu Shan di Woodlands. Ia mempunyai tempat permainan bertema dinosaur yang menjadikan latar belakang yang menarik untuk mengambil gambar. Pembukaan dua kawasan sukan di Sembawang dan Woodlands, bersama dengan Sembawang Hot Spring Park dan Bukit Canberra, juga mendatang.

Laman media sosial kami telah dilancarkan semula sebagai "Sayang Sembawang" (halaman 12). Kami harapkan bahawa peningkatan ini dapat memberi anda berita masyarakat dan kemas kini pembangunan bandar secara lebih cekap. Sayang Sembawang!

**Encik Vikram Nair**  
Pengerusi



亲爱的居民

今年8月，在我们欢庆新加坡54周年国庆日的当儿，举国上下也同时进行了一系列庆祝史丹福莱佛士爵士登陆新加坡200周年的纪念活动。

当莱佛士抵达新加坡时，总人口大约只有1千人。当时，新加坡在东南亚是为英国人服务的海港，新加坡顺理成章成了大英帝国的一部分。我们多位先祖都在这段时期，纷纷从马来群岛、中国和印度来到新加坡。

国庆庆祝活动在三巴旺不同场地，以不同的方式呈现。朋友与家庭成员们都踊跃参与每个庆祝活动。我们有机会回顾新加坡一路走来的辉煌史，包括人们较宽裕的生活，以及对后代所扮演的角色。我们也在8月10日，连同来自西北社区的朋友们，喜迎开进邻里的国庆庆典机动部队。那一刻，我们都倍感自豪。

除了国庆庆祝活动，我们也举办了其他别开生面的活动。这包括新加坡青年节和人协百盛艺术节的艺术村活动。甘巴士邻里翻新计划咨询活动

அன்பார்ந்த குடியிருப்பாளர்களே,

நாம் சிங்கப்பூரின் 54வது தேசிய தினத்தைக் கொண்டாடிய ஆகஸ்ட் மாதம் முக்கியமானதொரு மாதமாக அமைந்தது. இவ்வாண்டு, சர் ஸ்டாம்ஃபர்ட் ராஃபிள்ஸ் சிங்கப்பூரை வந்தடைந்து 200 ஆண்டுகள் நிறைவடைவதால், இரு நூற்றாண்டு கொண்டாட்டம் சிறப்பான முறையில் நடந்தேறியது.

ராஃபிள்ஸ் சிங்கப்பூருக்கு வந்தபோது, இங்கு சுமார் ஆயிரம் பேர் வாழ்ந்து வந்தனர். தென்கிழக்காசியாவில் பிரிட்டிஷாருக்கு முக்கியமான துறைமுகமாகத் திகழ்ந்த சிங்கப்பூர், உலகளாவிய ராஜ்ஜியத்தின் ஒரு பகுதியானது. நமது மூதாதையர்களில் பலரும் இந்தக் காலகட்டத்தில் சிங்கப்பூருக்கு வந்தனர். மலாய் தீவுக்கூட்டத்தின் மற்ற பகுதிகள், சீனா, இந்தியா ஆகியவற்றிலிருந்தே அதிகமானோர் வந்தனர்.

செம்பவாங்கில், தேசிய நாள் கொண்டாட்டங்கள் பல்வேறு இடங்களில் பல்வேறு வழிகளில் நடந்தேறின. ஒவ்வொரு கொண்டாட்டமும் நண்பர்களையும் குடும்பங்களையும் ஒன்றுசேர்த்தது. சிங்கப்பூர் இதுநாள்வரை மேற்கொண்ட குறிப்பிடத்தக்க பயணத்தையும், ஒப்பீடுநோக்குகளில் நாம் இப்போது வாழும் சிறப்பான வாழ்க்கையையும், எதிர்காலத் தலைமுறைகளிடம் நமக்குள்ள பொறுப்பையும் எண்ணிப் பார்க்க நமக்கு வாய்ப்பு கிடைத்தது. நாம் அனைவரும், வடமேற்கின் மற்ற பகுதிகளிலிருந்து வந்திருந்த நண்பர்களோடு ஒன்றுகூடி, ஆகஸ்ட் 10ஆம் தேதி குடியிருப்பு நகரத்திற்கு வருகையளித்த நடமாடும் அணிவகுப்பைக் கண்டு ரசித்தோம். அது நம் அனைவருக்கும் பெருமைக்குரிய தருணமாக அமைந்தது.

தேசிய நாள் கொண்டாட்டங்கள் தவிர, மற்ற தனித்துவமிக்க நிகழ்ச்சிகளும் நடந்தேறின. இளையர் விழா, பேஷன் ஆர்ட்ஸ் கலைவிழா கிராமம் ஆகியன

中，也收集了居民对于改善设施的看法和意见。在海军部社区，青年执行委员会还举办了首届泡泡茶文化节，吸引大约1千名年轻人参加。

精彩的发展将一一上演。居民可在2020年，前往翻新后的蒙特利尔邻里公园，一睹蝴蝶园、历史角落，和众多既刺激又有互动性的游乐场与健身角落（第10页）。居住在兀兰的孩童也可探索福山花园里近期翻新的恐龙主题游乐场，并与家人留影以纪念快乐的童年（第11页）。其他令人鼓舞的建设还包括打造2所在三巴旺和兀兰，适合运动健身的公园，以及令人期待的三巴旺温泉公园和设于武吉坎贝拉的综合运动及社区中心。

随着2019年即将到来尾声，我很高兴我们的社区页面“Kampung Sembawang”已化身为“Sayang Sembawang”，遍布的社交媒体平台为您提供第一时间最及时的社区新闻和发展咨询。您可翻阅第12页获知更多详情。Sayang Sembawang!

**维凯先生**  
主席

அவற்றுள் அடங்கும். கம்போன் அக்கம்பக்கப் புதுப்பிப்புத் திட்டம் குறித்து குடியிருப்பாளர்களின் கருத்துகளைச் சேகரிக்கும் நடவடிக்கையும் நடத்தப்பட்டது. அட்மிரால்டியில், இளையர் நிர்வாகக் குழு “பபல் டீ” விழாவுக்கு ஏற்பாடு செய்திருந்தது. முதல்முறையாக நடத்தப்பட்ட இந்நிகழ்ச்சி, கிட்டத்தட்ட ஆயிரம் இளையர்களை ஈர்த்தது.

இன்னும் பல விடுவிடுப்பான மேம்பாடுகளும் எதிர்வருகின்றன. 2020ல், புதிதாக மேம்படுத்தப்பட்ட மான்ட்ரீல் கிரீன் பூங்காவைக் குடியிருப்பாளர்கள் அனுபவிக்கலாம். அங்கு பட்டாம்பூச்சி தோட்டம், மரபுடைமை கூட்டம், இருவழித்தொடர்பு விளையாட்டுத் திடல்கள், உடற்பயிற்சிக் கூடங்கள் ஆகியன அமைந்திருக்கும் (பக்கம் 10). உடலண்டளில் வசிக் குழுவர்கள், ஃபூஷான் தோட்டத்தில் புதிய டைனசோர் விளையாட்டுத் திடலில் விளையாடி மகிழ்ந்து, குடும்பத்தோடு புகைப்படங்கள் எடுத்துக்கொள்ளலாம் (பக்கம் 11). செம்பவாங்கிலும் உடலண்டளிலும் இரு புதிய விளையாட்டுப் பூங்காக்கள், பெரிதும் எதிர்பார்க்கப்படும் செம்பவாங் வெந்நீர் ஊற்று பூங்கா, புகிடி கேன்பரா ஆகியனவும் எதிர்வருகின்றன.

நாம் 2019ஆம் ஆண்டின் நிறைவை நெருங்கும் இவ்வேளையில், “கம்போங் செம்பவாங்” எனும் நமது சமூகப் பக்கம் “சாயாங் செம்பவாங்” (பிரியத்திற்குரிய செம்பவாங்) என்ற புதிய பெயருடன் அனைத்து சமூக ஊடகங்களிலும் புதிதாக அறிமுகமாவதை உங்களிடம் தெரிவிப்பதில் மகிழ்ச்சி அடைகிறேன். புத்தம்புதிய சமூகச் செய்திகளையும் நகர மேம்பாட்டு விவரங்களையும் இந்தச் சமூகப் பக்கம் வழங்கும். இதுபற்றி பக்கம் 12ல் படித்தறியலாம். சாயாங் செம்பவாங்!

திரு விசுவநாதன்  
தலைவர்



# SG BICENTENNIAL

## COMMEMORATES

# RICH, “LAYERED” HISTORY



Almost 150 Sembawang GRC residents gathered at Kampung Admiralty community plaza on 29 June to commemorate 200 years since the founding of Singapore.

“Singapore is like a fruit, like a durian,” said Mr Ong Ye Kung, grassroots adviser and MP to Sembawang GRC. The comparison brought out some chuckles and knowing smiles in the audience. He added: “Durian has a husk, flesh, and seeds... Likewise, when we commemorate 200 years, remember there are many layers [to our history].”

The event lineup certainly allowed the audience to appreciate the beauty and diversity of Singapore’s rich and layered history. Young and old alike gave generous applause to cultural dance performances by community club and school dance groups. A crosstalk comedy highlighting Singapore’s achievements livened the atmosphere through humorous and witty dialogue.

The history of Sembawang was also on full display at the interactive exhibition, also sited at the community plaza. An attap hut, a rickshaw, and a school building were replicated and equipped with props such as kerosene lamps and a chalkboard so visitors could experience what transportation, housing, and schooling were like in the past. Students from schools across Sembawang GRC led visitors on guided tours while sharing about Sembawang’s history.

Ms Sarah Somarajan, an adjunct lecturer at Republic Polytechnic, commended the interactivity of the exhibits. “My son had a lot of fun with the chalkboard, which is why I found the exhibition interesting,” she shared. Born and raised in Sembawang, Ms Somarajan grew up at the naval base quarters. Despite already knowing the neighbourhood well, she said “it’s nice to see the history behind it”.

Sembawang GRC MPs and grassroots advisers Mr Amrin Amin and Dr Lim Wee Kiak, PBM, were also present to share their personal reflections on the significance of the bicentennial. Together with Mr Ong, they marked the opening night of the four-day exhibition with a burst of stage fireworks.





# SAYANG SINGAPURA!

Fireworks and live screenings of the parade – staples of our yearly National Day programmes – brought our residents together for a night of patriotic celebration.

S embawang residents Sayang Singapura! Our residents showed their true (red and white) colours this past National Day, turning up in droves at various events celebrating Singapore's birthday in August. They danced, exercised, sang and cheered their hearts out in the various bicentennial-themed celebrations held across the divisions.



One of the highlights:  
A mobile column drive-past at Woodlands Ave 5 on 10 August. The Hunter Armoured Fighting Vehicle from the Singapore Army, the ASTER-30 Missile System from the Republic of Singapore Air Force, and the Combatant Craft Medium from the Republic of Singapore Navy formed the mobile column.





My greatest hope is that Singaporeans stay united. Reflecting on what we have achieved so far, I think Singapore is now more modern, and it's convenient to go from one place to another.

– Liza, 58



This year, I learnt much about Singapore's history due to exhibits put around my school. I believe you have to love your nation to be able to contribute to Singapore. One way we can contribute is by learning to use digital technology in our daily lives.

– Fathu Rahman Yasin, 15



Having NDP celebrations in the heartlands make our living space livelier. I feel cosier enjoying live screening of movie and NDP with the whole community, compared to just watching them at home.

– Foh Boon Onn, 47



# NATIONAL DAY AWARDS 2019

The Singapore National Day Awards are a means of recognising various forms of merit and service to Singapore. Sembawang Town Council would like to extend our heartfelt congratulations to our councillors who were awarded this year. Thank you for your contributions to our community and our nation.



THE PUBLIC SERVICE STAR, 2019 (BINTANG BAKTI MASYARAKAT)

**MDM KALYANI D/O SINNAKKALAI RAMASAMY, BBM**

Chairperson, Canberra CCMC  
Vice-Chairperson, Canberra CCC  
Member, Publicity & Public Relations Committee



THE PUBLIC SERVICE MEDAL, 2019 (PINGAT BAKTI MASYARAKAT)

**MR MUHAMED RIZAL BIN RASUDIN PBM**

Chairman, Admiralty CSC  
Member, Project & Development Committee



# A GAMBAS FOR RESIDENTS BY RESIDENTS



Gambas residents faced a happy problem during the latest NRP consensus gathering exercise: they simply had too many options to choose from in shaping their ideal neighbourhood.

Held on 28 July at Block 428 Yishun Avenue 11 linkhouse, the consensus gathering consisted of exhibition panels displaying a variety of new facility and upgrading options available for residents' choosing. The options included a new network of shared paths, a garden plaza, a butterfly garden, spin pod seats, playgrounds, and elderly fitness corners. By choosing the features they wanted, residents play an active hand in shaping their Gambas home. This NRP will take place at selected HDB blocks along Yishun Avenue 6 and 11.

Ong Seng Lee, 37, has enjoyed an idyllic four years as a Sembawang resident. "People here are very friendly. The place is peaceful, away from main road. It's not so noisy," the father of one said. Although the innovative playground designs had made the biggest impression on him, he also praised the diverse features available, saying: "I see they (the Town Council and HDB) are developing the whole area. The facilities cater to different age groups."

Sembawang MP Mr Ong Ye Kung was present to warmly welcome residents to the consensus gathering exercise. He also highlighted the importance of building relevant features that meet the needs of modern society, such as separate pathways for personal mobility devices.





# ARTS, MUSIC AND 200 YEARS OF SINGAPORE HISTORY

Sembawang residents celebrated the many hues of diversity through a special bicentennial-themed event on 20 July 2019. The event at Kampung Admiralty titled Hues in Tune 2 featured song and dance performances, and visual art displays that mesmerised attendees.

Sembawang MPs Minister Khaw Boon Wan and Mr Vikram Nair were present to officiate the event. The MPs also tried batik painting, joined the singing band onstage to perform a song, and even took a breather in a hammock set up at the event plaza. Musical performances by bands consisting members of various age groups proved that diversity can be a powerful unifying force. Offstage, parents and children co-created paintings and clay sculptures, and took family photos at the phone booth.

"This year, we incorporated the bicentennial theme through hands-on artwork," said Mr Kelvin Teh, Community Arts and Culture Chairman at the People's Association. Images displayed of Samsui women harkened to Singapore's past, while images of Marina Bay Sands and Gardens by the Bay represented Singapore's present.







# A CELEBRATION OF YOUTH

With bean bags sprawled across its carpeted floor, Kampung Admiralty community plaza resembled a millennial's dream lounge. This setup at the plaza space on 13 and 14 July became the perfect hang-out spot for more than 2,000 young adults who turned up for the Woodlands Youth Music Festival 2019.

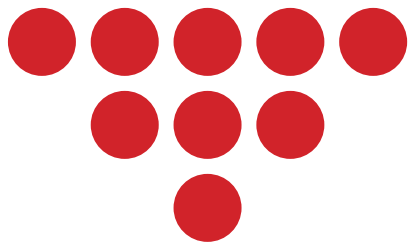
The festival was a celebration of youths, particularly their creative abilities in the arenas of song and dance. Therefore it was fitting that performers for the festival were young adults themselves. Group and individual performers took to the stage to deliver their rendition of popular songs while their friends and supporters cheered them on. Festival highlights also included performances by local singers Tosh Zhang and Sufi Rashid.

Sembawang Grassroots Advisers Mr Amrin Amin, Dr Lim Wee Kiak, PBM, and Mr Vikram Nair were also present to enjoy the performances. They also took selfies with residents and joined the audience on the bean bag chairs for a night of songs. Mr Amrin Amin presented prizes to the winning performers as well.





# “EID”, SING, DANCE, AND BE MERRY!



## CANBERRA



## ADMIRALTY



## GAMBAS



## WOODLANDS



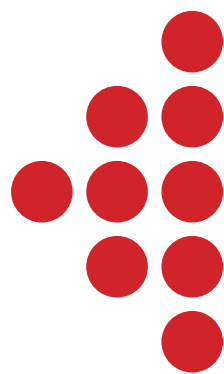
## SEMBAWANG



**H**ari Raya Puasa celebrations took place in June and July all across Sembawang GRC. From engaging stage performances to lucky draws with fantastic prizes, everyone had their share of fun! Who can also forget the delicious food that filled their tummies? Mmm... sedap!



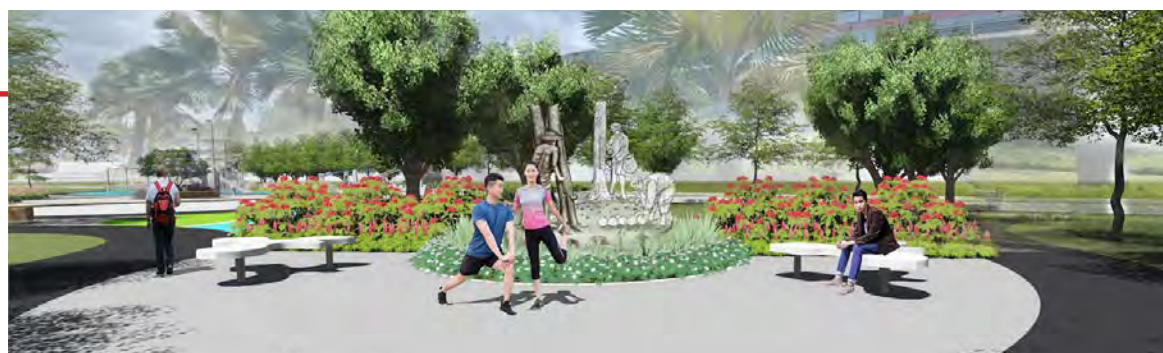
# 5 THINGS YOU SHOULD KNOW ABOUT THE UPGRADED MONTREAL GREEN PARK



**M**ontreal Green Park will be revamped – and it's going to have more amenities than before! We listened to the suggestions you raised during the consensus gathering and block party we held for you in June and... here are 5 things to look out for at the new Montreal Green Park!

## 1. NEW HERITAGE CORNER

Fancy some history? A heritage corner will be built so visitors can understand more about Sembawang's rich history. For some, this spot might even jolt some memories of growing up in Sembawang's olden days!



## 2. SCULPTURED GARDEN

A sculptured garden – a feature not found anywhere in the north – will be a feast for your senses. Plenty of photo opportunities with the unique sculpture await you on your walk through the neighbourhood.

## 3. BUTTERFLY GARDEN

The beloved butterfly park and nature garden trail will remain. They will undergo further enhancements to maximise your experience at this dreamy, whimsical space.



## 4. INTERACTIVE PLAYGROUNDS

Children often learn on-the-go, especially when their senses are stimulated. Interactive playgrounds all around the neighbourhood allow children to learn, all while having some serious fun!

## 5. FITNESS CORNERS

If you use the exercise facilities and fitness equipment here, fret not! The fitness corners will be retained and upgraded, allowing you to stay fit while enjoying the scenic new facilities.





# RUN WILD & EXPLORE FU SHAN GARDEN

827 WOODLANDS STREET 81, SINGAPORE 730827

Scan me



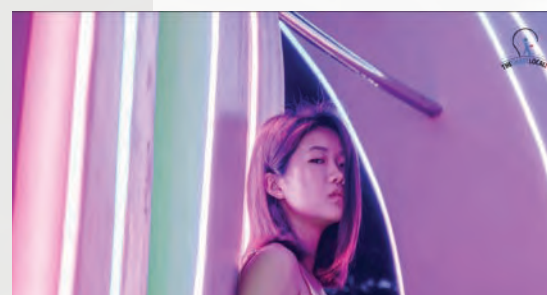
Which kid isn't thrilled by the thought of dinosaurs? Fu Shan Garden has a retro, dinosaur-themed playground which include dinos of pretty epic proportions – sure to thoroughly enthrall the kids!



There are also other playgrounds with unique themes & designs for you to explore! Crawl through, slide down and learn more about these prehistoric creatures through informative "fact boards".



THE ATTRACTION LIGHTS UP AT 7PM



There's also Singapore's very own Stone Henge located just 10 minutes from Woodlands MRT station. Make use of the colourful neon lights and make the most trippy shots for your photoshoot!



# WE'VE GOT A NEW LOOK



Follow us on  
f now!



The Sayang Sembawang logo encompasses two hearts in an embrace, which represents the community spirit binding residents together. The hearts symbolise love, kindness, and care. The red colour outlining the hearts accentuates the life and soul of this vibrant community in Sembawang.

The lotus, a symbol of compassion, expresses Sembawang's aspiration to be a compassionate community our residents can feel safe and comfortable in. The lotus leaf signifies budding hope and the endeavour for a better future.

The three languages highlight the diversity of our Sembawang GRC community as well as Singapore. This serves to remind Sembawang residents of their cultural roots in this cosmopolitan nation.

# AND A SONG REMAKE

## Sayang Sembawang

Sunshine and blue skies  
Joyful I fly

My hopes dance in the wind

My heart oh how it sings  
Moments I spend here  
My dreams draw near

My cares washed by the sea  
I'm home and I'm free

Sayang, Sayang, Sayang  
Sembawang (x3)  
Sayang, Sayang Sembawang

Meet the man  
behind the song!



From the guitar to the keyboard, Eric, our resident composer thought the "Sayang Sembawang" song lacked some beats and the rock element. He then transformed it into a light hearted rendition that people can easily sing along to.

Coming soon: Look out for the brand new song videos on our Facebook page!



facebook.com/sayangsembawang



sayangsembawang



Sayang Sembawang Official



# #PEOPLEOFSEMBAWANG:

## VOLUNTEER HAIRDRESSER

“It is always a greater blessing to give than to receive.”

Eileen, a mother of two, does not only believe in this saying - she walks the talk. Rain or shine, the Woodlands resident will turn up at Sunlove Senior Activity Centre on Thursdays to give haircuts to the elderly.

“Some of the elderly folks, they don’t have the strength to walk and move around. It’s not convenient for them to make the trip down to a salon to cut their hair,” she said.

Going for a haircut at a salon would set the seniors back by \$8-\$10. Some of the elderly folks may have financial difficulties, so they tend to procrastinate and only cut their hair once in a very long while. Their hair would then get messy and may even end up tangled and unkempt.

As she recalled the first time she volunteered her skills at the centre, she marvelled at how messy her clients’ hair could be. “Their hair was all in an untidy and tangled state.”

Thanks to Eileen, the elderly folks can now go for a haircut regularly. Those who have received these haircuts have ended up with youthful looks belying their age. To Eileen, the greatest reward is seeing the beaming faces of folks with their new haircuts.


It’s people like Eileen, who make the effort to reach out to people in need, that contribute to the warm community we have in Sembawang GRC. Faith in humanity, restored.





Exclusively on



Check out our popular posts on Facebook for this quarter!  Like and follow us to stay updated on the latest happenings in Sembawang GRC. Scan the QR codes to go to the posts directly!

Connect with us today!



If you are looking for somewhere to sing your hearts out and unleash your inner Beyoncé, here are 4 affordable karaoke spots to jio your friends this weekend! 😊

<https://kampungsembawang.wordpress.com/2019/07/18/4-karaoke-spots-in-the-north-from-3-20-hour-for-you-to-sing-to-your-hearts-content/>



KAMPUNGSEBAWANG.WORDPRESS.COM

4 Karaoke Spots In The North From \$3.20/Hour For You To Sing To Your Heart's Content

Let's just say, Sembawang is a retirement paradise! Apart from its lush greenery that makes it a conducive place to retire, many facilities dedicated to the senior citizens here are sure to keep them healthy!

Kampung Admiralty: 676 Woodlands Drive 71, Singapore 730676

SunLove Senior Activity Centre: Blk 764B Woodlands Circle

#SayangSembawang



## WE NEED YOUR INPUT! 😊

Located within Bukit Canberra, you can find Canberra House (Former Admiralty House) nestled on top of the hill at Old Nelson Road. It resembles a traditional English cottage, and features a unique style that is popular in the 19<sup>th</sup> century.

It was built in 1939 and served as the residence of the Commodore Superintendent of the Royal Navy Dockyard. It then served as the strategic planning headquarters for British Armed Forces during the Second World War. It was renamed Admiralty House in 1958, and was home to the Commander of the Far East Fleet for 13 years.

It was gazetted as a national monument in 2002, and its name became Former Admiralty House.



Scan the QR code and let us know in the survey what you would like Canberra House to be!



 Scan me





# BAN ON PERSONAL MOBILITY DEVICES (PMDs) AT HDB BLOCK VOID DECKS AND COMMON PROPERTY

在组屋底层和公共设施禁用个人代步工具(PMD)

வீடமைப்பு வளர்ச்சிக் கழக புளோக் கீழ்த்தள வெற்றிடங்கள் மற்றும் பொது இடங்களில் தனிநபர் நடமாட்டச் சாதனங்களை (PMDகள்) ஓட்டிச் செல்வது தடை செய்யப்பட்டுள்ளது

LARANGAN ALAT PERGERAKAN PERIBADI (PMD) DI KOLONG BLOK DAN KAWASAN UMUM HDB

✓ PMD users to dismount and push device at common property.

在公共空间，个人代步工具的骑士应下车推行。

PMD பயனர்கள் பொது இடங்களில் தங்கள் சாதனத்தை மடக்கி வைத்துத் தள்ளிச் செல்ல வேண்டும்.

Pengguna PMD harus turun dan tolak alat PMD di kawasan umum.

✓ PMD users who violate the rules shall be penalised under Town Council (Common Property and Open Spaces) By-laws.

违反规定的骑士将根据市镇理事会公共设施和共同空间现有条例受到处罚。

விதிகளை மீறுகின்ற PMD பயனர்கள், நகரமன்றத்தின் (பொது இடங்கள் மற்றும் திறந்த வெளிகள்) துணை-விதிகளின் கீழ் தண்டிக்கப்படுவார்கள்.

Pengguna PMD yang melanggar peraturan akan dikenakan hukuman di bawah Undang-undang Majlis Bandaran (Kawasan Umum dan Ruang Terbuka).

✓ Please refer to the non-exhaustive examples of no PMD-riding common areas.

禁止使用个人代步工具的公共空间包括但不限于以下场所：

PMD-ஐ ஓட்டிச் செல்லக்கூடாத பொது இடங்கள் எவை என்பதை அறிந்துகொள்ள, கீழேயுள்ள பட்டியலைப் பாருங்கள்.

Sila rujuk senarai berikut bagi kawasan-kawasan umum yang dilarang menunggang PMD (bukan senarai penuh).



## EXAMPLES OF NO PMD-RIDING AREAS

公共走廊、组屋底层、楼梯处、组屋周边、楼层电梯大厅、有盖邻里活动设施、健身角落、游乐场、硬地球场等等。

பொதுத் தாழ்வார வழிப்பாதைகள், கீழ்த்தள வெற்றிடங்கள், படிக்கட்டுகள், கான்கிரீட் கடுந்தரைப் பரப்புகள், மின்தூக்கி இறங்குமிடங்கள், இணைப்புக் கட்டிடங்கள், உடற்பயிற்சி மையங்கள், விளையாட்டு மைதானங்கள், கற்காரை ஆடுகளங்கள்.

Koridor Umum, Kolong Blok, Tangga, Apron Konkrit, Kawasan Lif, Bangunan Penghubung, Sudut Kecergasan, Taman Permainan, Gelanggang.



COMMON CORRIDORS



VOID DECKS



STAIRCASES



CONCRETE APRONS



LIFT LANDINGS



LINK BUILDINGS



FITNESS CORNERS



PLAYGROUNDS



HARDCOURTS



**SPOT, SNAP, SEND**

Report errant riders using **Report PMD/PAB Incident** feature in MyTransport.SG



Scan to download the app now

**EMSU HOTLINE 1800-2755555**



# CALENDAR OF EVENTS

DATE	NAME OF EVENT	TIME	VENUE
<b>ADMIRALTY</b> FOR MORE INFORMATION, PLEASE CALL THE CC AT 6891 3430			
28 Sep 2019	Dikir Rakyat	7pm to 9.30pm	ACE The Place CC MPH
29 Sep 2019	Merdeka Generation Appreciation Dinner	5.30pm to 8pm	ACE The Place CC MPH
6 Oct 2019	Embracing Parenthood	10am to 12pm	ACE The Place CC MPH
16 Nov 2019	Admiralty Deepavali Celebration	5pm to 10pm	ACE The Place CC MPH
<b>CANBERRA</b> FOR MORE INFORMATION, PLEASE CALL THE CC AT 6755 6369			
29 Sep 2019	AAC & SCEC Health Carnival	9am to 12pm	Canberra CC
13 Oct 2019	One United Canberra	8am to 12pm	Canberra Park
9 Nov 2019	Canberra Spooky Fiesta	5pm to 9.30pm	Canberra CC
10 Nov 2019	Deepavali Glow 2019	5pm to 9.30pm	Canberra CC
<b>GAMBAS</b> FOR MORE INFORMATION, PLEASE CALL THE CC AT 6684 1827			
27 Oct 2019	Healthy Lifestyle @ Gambas	8.30am	Please contact CC for more details
16 Nov 2019	Gambas Deepavali Celebration 2019	7pm	N4 Courtyard beside Blk 414 Yishun Ring Road
<b>SEMBAWANG</b> FOR MORE INFORMATION, PLEASE CALL THE CC AT 6758 4183			
2 Nov 2019	House of Horrors 5 @ Sembawang	6.30pm to 9pm	Sembawang CC
9 Nov 2019	Sembawang Senior Citizens' Dinner	7.30pm to 10pm	Sembawang CC
16 Nov 2019	Sembawang Deepavali Celebration 2019	6.30pm to 10pm	Sembawang CC
<b>WOODLANDS</b> FOR MORE INFORMATION, PLEASE CALL THE CC AT 6366 2218			
14 Sep 2019	Mid Autumn Celebrations	6pm to 9pm *	Kampung Admiralty
26 Oct 2019	Woodlands Fright Night	7pm to 10pm *	Woodlands Galaxy CC
9 Nov 2019	Woodlands Deepavali 2019	6pm to 9pm *	Woodlands CC
31 Dec 2019	Countdown to 2020	7pm to 12.30am *	Open field near Woodlands Temporary Bus Interchange
*Timings may change due to unforeseen circumstances.			



Want to get important local news? Sign up for the Sayang Sembawang e-newsletter by following the QR code!

Do you have a business located in Sembawang GRC and wish to advertise your services?

Write to us at [newsletter@sbtc.org](mailto:newsletter@sbtc.org) for more details!

Rates below:

Full page - \$3,500.00

Half page - \$2,000.00

Quarter page - \$1,200.00

\*subject to 7% GST

SAYANG  
*Sembawang*

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(Behind Admiralty MRT Station)

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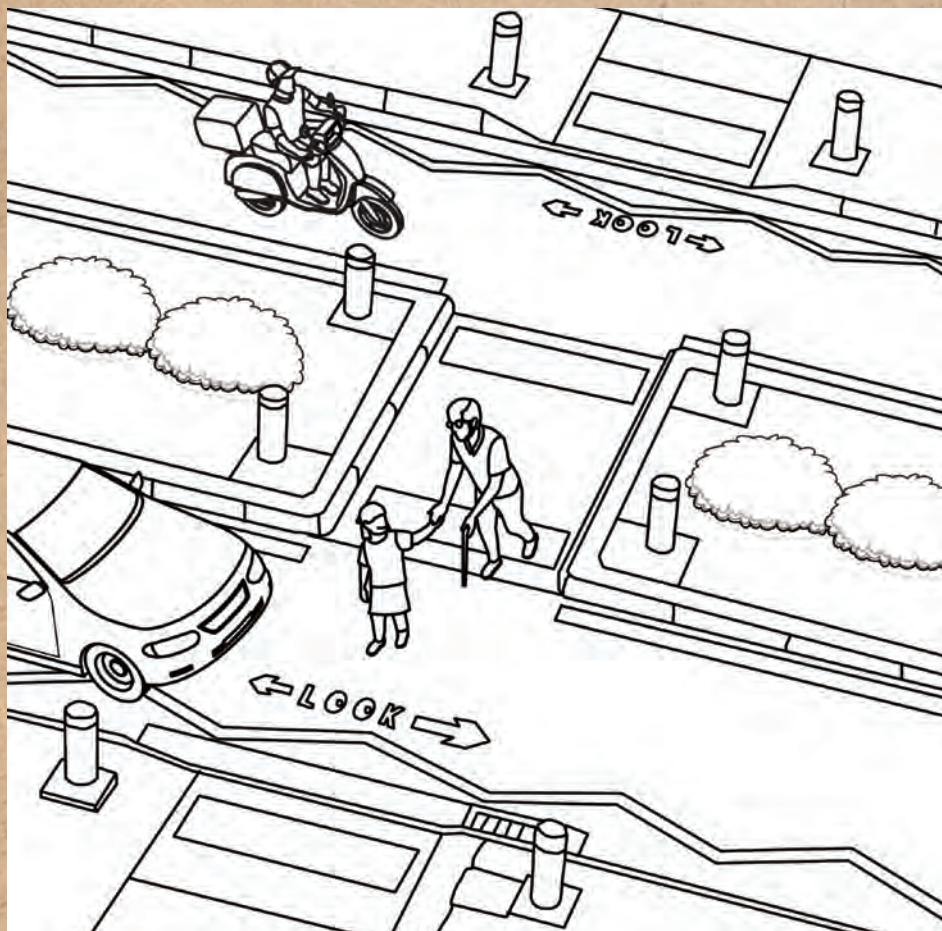
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## NEWSLETTER COLOURING CONTEST



We have a total of four silver zones in Sembawang GRC. Silver zones enhance the safety of roads and surrounding areas for seniors. Speed limits are reduced to 40km/h, crossing distances are shortened, and safety features like bus stops with armrests, and anti-slip covers on drain covers, are also in place. All entries should reach the given address below latest by 31 October 2019.

**Please mail to:**  
**The PR Manager**  
**Blk 504C Canberra Link**  
**#01-63, Singapore 753504**

My Name .....

My Address .....

My Email Address .....

Postal Code .....

Phone No .....

☐ I do not wish to subscribe to the Sayang Sembawang e-newsletter.

Great prizes to be won:

**\$45 each winner!**

We will be picking:

3 winners aged 12 years old and below and  
3 winners aged 13 years old and above!

**CONGRATULATIONS TO THE WINNERS IN THE LAST CONTEST:**

**12 years old & below:**

Teo Yun Xuan  
Karishma Lee  
S K Sunjaiy

**13 years old & above:**

Elaine Liao  
Jeslyn Neo  
T. Sabitha